

Parent and Child and Pre-School Aquatic Class Descriptions

PARENT AND CHILD AQUATICS (AGES 6 MONTHS – 5 YEARS):

Parent & Child Aquatics is a fun way to introduce our youngest swimmers to the water. Parents will also learn techniques to work with children on basic swimming skills.

All of these classes are held at the Ida Lee Indoor Pool. For more information about programs offered at the outdoor pool, please look under the A.V. Symington Aquatic Center.

Parent & Baby Swim Classes

(Ages 6 months-2 yrs) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers. To register for available Parent and Baby swim classes please click [here](#).

Parent & Child Swim Classes

(Ages 2-5) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers. To register for available Parent and Child swim classes please click [here](#).

PRESCHOOL SWIM (AGES 3 – 6 YEARS):

The Preschool Swim Classes are offered to give young swimmers a head start to learning to swim independently! Students will participate in the class without a parent in the water. Please read the descriptions of each class to register for the appropriate skill level. We recommend that you schedule a free [swimming assessment](#) if you are unsure of your child's ability level or if this is your first time taking classes at Ida Lee. Each level is based on a skills progression and may need to be repeated until the student is comfortable enough to progress to the next level.

All of these classes are held at the **Ida Lee Park Recreation Center Indoor Pool**.

For more information about programs offered at the outdoor pool, please look under the [AV Symington Aquatic Center](#).

Tiny Tikes 2's Swim Classes

(Age 2 Only) This unique class introduces 2 year olds to group swimming lessons and teaches face submersion, blowing bubbles, breath control, floating on front and back (with support), arm and leg movements, and safety. Classes are limited to just 3 participants each. If you would like to request a space in this class, please register using the codes listed. We cannot guarantee a

space. Classes are filled on a first-come, first-served basis. **Prerequisite:** Children must function well in a group setting without a parent. No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants **and** swim diapers under swim suit – no disposable or cloth diapers. To register for available Tiny Tikes 2's swim classes please click [here](#).

Flexible Swim Program

(Ages 3-7) Sign up for the days and times that are most convenient for you! Each child will be assessed on the first day of class and assigned a swim level - Waddler thru Lap Swimmer.

Prerequisite: Children must function well in a group class without a parent. **This class is not offered in the Summer Session.** To register for available Flexible Swim Program classes please click [here](#).