

LEESBURG'S PARKS & RECREATION GUIDE



## Leesburg Leisure

APRIL-JUNE 2024



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#### **Registration Dates**

Registration (in-person, phone-in, mail-in, and on-line) starts at 7:00am on:

#### February 13

**February 20** 

Leesburg Residents/ Annual Pass Holders Open to all

Visit www.idalee.org or call 703-777-1368 for details.

#### Program Registration Form

can be found online at www.idalee.org



#### **Town of Leesburg** PARKS & RECREATION DEPARTMENT

Two Time National Gold Medal Award Winner



#### **Town Council**

Kellv Burk, Mayor Neil Steinberg, Vice Mayor Ara Bagdasarian **Zach Cummings** Todd Cimino-Johnson Kari Nacy Patrick Wilt Kaj H. Dentler, Town Manager

#### **Parks & Recreation Advisory Commission**

Brody McCray, Chair Laurie Burke, Vice-Chair Natalie Carroll Kirsten Shabanowitz Russ Shaw

Commission meetings are held on the third Wednesday of each month, 7:30pm in the Ida Lee Park Recreation Center Conference Room, Leesburg, Virginia. The public is welcome.

#### Parks & Recreation Staff

#### **ADMINISTRATION**

Rich Williams, AFO, Director of Parks & Recreation Tabitha Eagle, Administrative Associate

#### **EVENTS AND COMMUNITY OUTREACH**

Linda Fountain, Events & Outreach Manager Lesley Green, Events Coordinator Billy Moffett, Events Coordinator Tony Conway, Outreach Programs Coordinator

#### **TENNIS**

Mark Elliott, Head Tennis Professional Jowita Snowden, Tennis Supervisor

#### **PARKS**

Jon Cleaves, Assistant Director for Parks Travis Martin, Parks Operations Supervisor Ray McHenry, Lead Groundskeeper Brandon Stong, Lead Groundskeeper

#### RECREATION

Katey Jackson, Assistant Director for Recreation Megan MacDonald, CPRP, Building Operation Manager Brandon Ware, AFO, Aquatics Manager Jill Orton, Aquatics Supervisor Bryce Ober, Aquatics Facility Supervisor Beth Knight, Programs and Fitness Manager Pam Sullivan, Fitness Supervisor Christian Strahin, Sports & Recreation Programs Supervisor Mary Barnes, Assistant Sports & Recreation Program Supervisor

Sam Roesler, Recreation Center Supervisor



#### **IDA LEE TEAM!**

- Child Care Attendants
- **Fitness Attendants**
- Front Desk Attendants (Ida Lee and Tennis)
- Head Lifeguards
- Instructors
- Lifeguards
- Manager on Duty
- Park Attendants
- Personal Trainers

To apply go to www.leesburgva.gov. For more information about openings, call Ida Lee at 703-777-1368.



#### Parks & Recreation **Administration**

50 Ida Lee Drive, N.W. Leesburg, VA 20176 703-777-1262 Fax: 703-737-7148

#### **Ida Lee Park Recreation Center**

60 Ida Lee Drive, N.W. Leesburg, VA 20176 703-777-1368 Fax: 703-737-7165

#### **Ida Lee Park Tennis Center**

70 Ida Lee Drive, N.W. Leesburg, VA 20176 703-737-6068

#### **AV Symington Aquatic Center**

80 Ida Lee Drive, N.W. Leesburg, VA 20176 703-779-5390

#### **Ida Lee Park** RECREATION CENTER FEES & PASSES

60 IDA LEE DR., N.W. LEESBURG, VA 20176 / 703-777-1368

Our mission is to provide high quality programs, parks, and facilities to meet the diverse needs of all citizens. Our staff is here to help make your visit as pleasant as possible. We strive to meet all your recreational needs in a clean and friendly environment. Please do not hesitate to contact us if we can be of service to you.

#### **ADMISSION FEES**

	RESIDENT DAILY	NON- RESIDENT DAILY	RESIDENT 25-VISITS	NON- RESIDENT 25-VISITS
Adult	\$5.50	\$7.50	\$121.00	\$160.00
Youth (15 and under)	\$4.00	\$5.25	\$93.00	\$123.00
Senior Citizen (60+)	\$4.00	\$5.25	\$93.00	\$123.00

RESIDENT				
PASS TYPE	30 DAYS	6 MONTHS	ANNUAL	MONTHLY*
Adult	\$52.00	\$236.00	\$429.00	\$35.75
Two Adults	\$92.00	\$434.00	\$803.00	\$66.92
Family Dependent	\$24.00	\$107.00	\$124.00	\$10.33
Single Dependent	\$41.00	\$191.00	\$349.00	\$29.08
Family	\$115.00	\$565.00	\$1,035.00	\$86.25
Senior (60+)	\$41.00	\$191.00	\$349.00	\$29.08
Two Seniors (60+)	\$75.00	\$354.00	\$620.00	\$51.67

NON-RESIDENT				
PASS TYPE	30 DAYS	6 MONTHS	ANNUAL	MONTHLY*
Adult	\$69.00	\$314.00	\$571.00	\$47.58
Two Adults	\$122.00	\$578.00	\$1,070.00	\$89.20
Family Dependent	\$32.00	\$142.00	\$165.00	\$13.75
Single Dependent	\$54.00	\$254.00	\$465.00	\$38.75
Family	\$153.00	\$753.00	\$1,379.00	\$114.90
Senior (60+)	\$54.00	\$254.00	\$465.00	\$38.75
Two Seniors (60+)	\$100.00	\$472.00	\$826.00	\$68.80

<sup>\*</sup>Monthly billing requires 12-month commitment, with auto-renewal.



#### **Recreation Center Hours**

Monday-Friday	5:00am - 10:00pm
Saturday	6:00am - 8:00pm
Sunday	7:00am - 8:00pm

#### **Pool Hours**

#### **MAIN POOL**

Monday-Friday	5:00am - 9:30pm**
Saturday	6:00am - 8:00pm*
Sunday	7:00am - 6:00pm

#### **AUXILIARY POOL**

Monday & Wednesday	5:30am - 8:00am 10:00am - 3:00pm**
Tuesday & Thursday	3:00pm - 5:00pm (HP) 7:00pm - 9:30pm 5:30am - 9:00am 11:30am - 3:00pm
	3:00pm – 5:00pm (HP) 7:00pm – 9:30pm
Friday	5:30am – 8:00am
Cathoridae	11:30am – 9:30pm**
Saturday	6:00am – 8:00am 8:00am – 9:00am (HP)
	11:30am – 2:00pm (AD)
	2:00pm - 8:00pm
Sunday	7:00am – 10:00am (AD)
	10:00am - 8:00pm

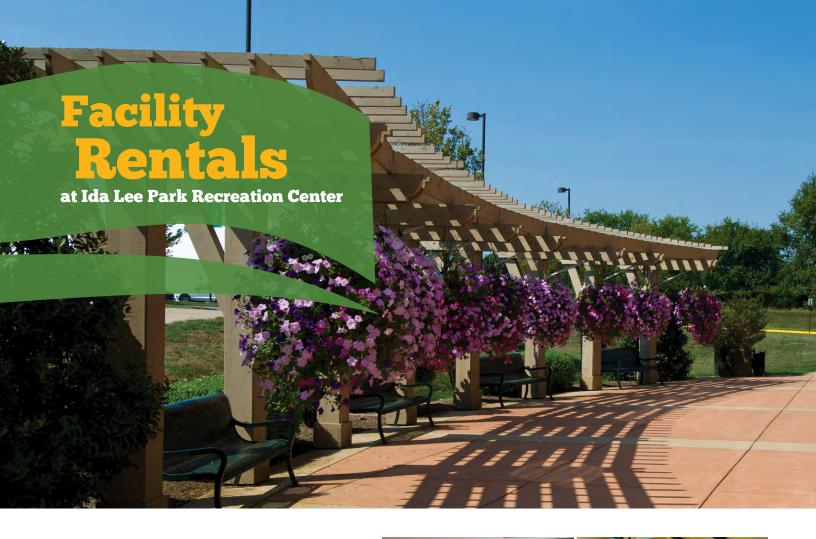
#### **Holiday Facility Hours**

Memorial Day 8:00am - 8:00pm

#### **Automatic Monthly Billing Available for Annual Memberships**

HP - Half Pool AD- Adults Only
\* Year-round, the main pool and auxiliary pool are closed on Saturdays from
9:00am - 11:30am for swim lessons

<sup>\*\*</sup> During the summer, the main pool and auxiliary pool are closed Monday - Friday from 9:00am - 11:30am for swim lesson



#### **FACILITY RENTAL FEES**

UPPER LEVEL RENTAL AREAS	
	Hourly Rate
Multipurpose Room (MPR)	\$60
1/2 Gym / Whole Gym	\$65/\$115
Whole Pool (staffing extra)	\$125
Auxiliary Pool (staffing extra)	\$100

LOWER LEVEL MEETING ROOMS - PRIVATE				
Room Size	Hourly	6 Hours	10 Hours	
1000 Sq. Ft.	\$85	\$345	\$515	
2000 Sq. Ft.	\$170	\$690	\$1,030	
3000 Sq. Ft.	\$200	\$805	\$1,200	

LOWER LEVEL MEETING ROOMS - NON-PROFIT				
Room Size	Hourly	6 Hours	10 Hours	
1000 Sq. Ft.	\$60	\$230	\$345	
2000 Sq. Ft.	\$120	\$460	\$690	
3000 Sq. Ft.	\$150	\$575	\$860	



## Registration Reminders & General Information

Program
Registration
Form
can be found online at www.idalee.org

**FEES:** Payment must accompany registration. A \$50 fee is charged for returned checks.

**SENIOR CITIZEN DISCOUNT:** Senior Citizens (60+) will receive a 50% discount on select classes and 20% off the adult daily admission to Ida Lee. No discounts on trips, fitness and wellness specialty classes, tennis classes, or private lessons will be issued.

**AGE REQUIREMENT:** Participants must meet the age guidelines by the start of the program.

#### REFUND POLICY:

#### General:

Approved cancellation requests by patrons will be refunded by credit card or check only. No household credits will be issued. All check refunds will be mailed within three weeks after the request has been processed. Prorated values are calculated based on the remaining classes at the time that the request is received by the department. Additional details below.

#### Program/League/Trip:

- For refund requests submitted less than 14 calendar days prior to the day the program begins, there is a 50% penalty (\$100 max) per program.
- No refunds will be given on or after the day of the first class or the flag football start date without a doctor's note.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- No refunds will be issued for programs/sessions that have ended.
- No make-ups or refunds are given for missed classes.
- If a program or trip meets only one time, no refunds will be given. Full refunds will be issued if the program/trip is cancelled.

#### **Contracted Class:**

- Contracted classes may impose different refund standards for payments made directly to the provider.
- Payments to the Town of Leesburg for contracted classes follow the refund policies as stated above.
- · Paid supply fees are non-refundable.

#### Camps/Academies:

- The camp registration fee is non-refundable.
- To obtain a full refund, refund requests must be submitted 30 calendar days prior to the day camps begin. A refund requested less than 30 calendar days prior to the day camps begin, will incur a 50% penalty (\$150 max) per camp session. No refunds will be given on or after the first day of the camp session.
- Full refunds will be issued if a camp program is cancelled. Field trips are non-refundable.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- For academies, inclement weather refunds will not be given unless two or more days per session are cancelled.

#### Passes:

- For passes paid in full, refunds may vary based upon the date of refund request.
- No retro-dated refunds will be honored for any pass type.

#### **Automatic Deduction Passes:**

- Cancellations will be permitted for medical reasons (accompanied with a doctor's note) and for patron's moving out of the area.
- A 30 day written notice is required.
- Cancellations prior to the initial 12 months will be charged a \$25 cancellation fee, which will be billed to the credit card or bank card.

#### **Multipurpose Room Rental:**

Refunds will not be issued with less than 14 calendar days notice. Please contact the rental coordinator for the detailed refund policy.

#### Personal Training Sessions, Private Tennis Lessons, or Private Swim Lessons:

For refund details, please contract program area for specifics.

**FINANCIAL AID/SCHOLARSHIPS:** Only Town of Leesburg residents qualify. Forms are available at the front desk of the recreation center or for more information, call 703-777-1368.

**WAITLIST:** If you have been placed on a waitlist for a class, you will not be charged to remain on the waitlist. If space becomes available, you will be notified by phone and given direction on how to pay for enrollment.

**RECEIPTS:** Receipts will be emailed unless you specifically ask to have one mailed.

**INCLEMENT WEATHER POLICY:** In the event of inclement weather, please call our information line at 703-737-7166 for class cancellations. If classes are cancelled due to inclement weather, attempts will be made to make up missed classes at the end of the session.

CANCELLATIONS: The Parks and Recreation
Department reserves the right to cancel a class/
special event due to insufficient enrollment. It requires
a certain number of participants to justify offering a
course and if that minimum is not reached, the course
is cancelled. Classes are normally cancelled one week
before each session begins. Please REGISTER EARLY!

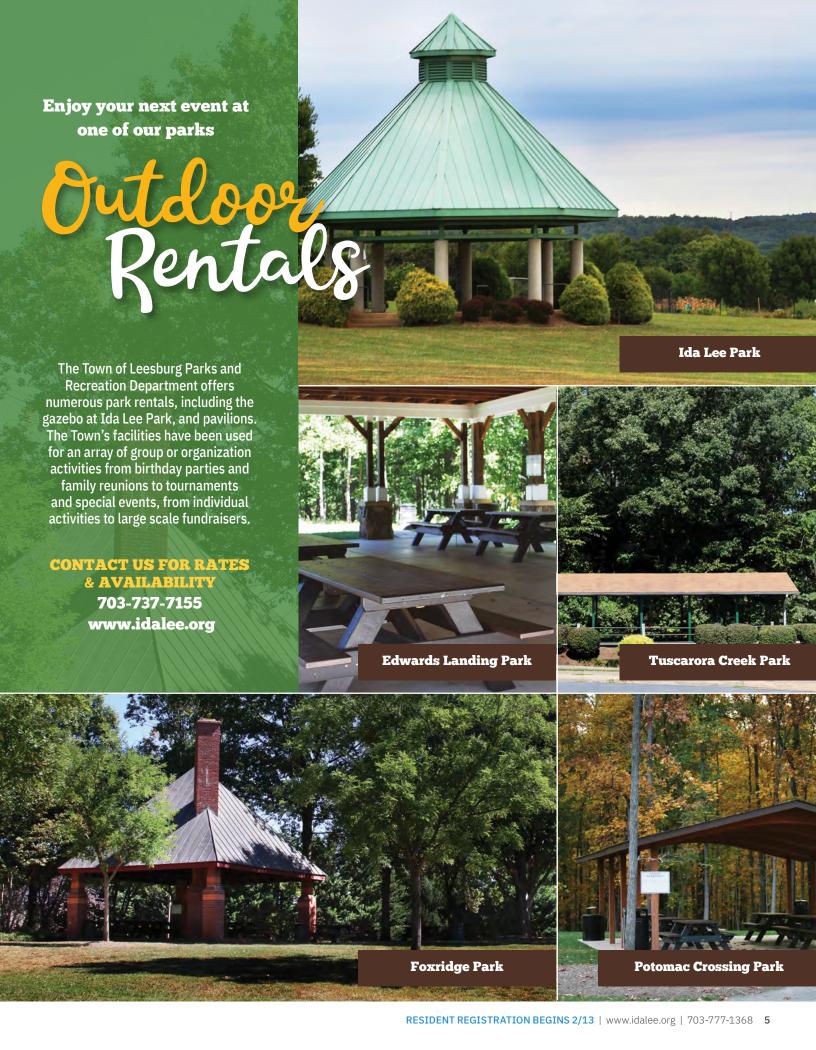
MODIFICATIONS: The Parks and Recreation
Department is committed to providing recreation for all
persons. Advanced notice for program modifications
is requested. If transportation assistance is needed,
please call Paratransit Bus Service at 571-258-3464 or
www.loudoun.gov/paratransit. If assistance is needed
for the hearing impaired, please call us through the
Virginia Relay Center at 1-800-828-1140.

PHOTOGRAPHIC RELEASE: By participating in programs and using our facilities, you are granting the Town of Leesburg and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

**WAIVER:** Participants in programs and activities offered by The Town of Leesburg Parks and Recreation Department agree to indemnify and hold harmless the Town of Leesburg, its employees, and agents from and against any and all liability for any injury which may be suffered by the individual arising out of or in any way connected with participants in the activity(ies).

**LOCATION:** All classes will be held at Ida Lee Park Recreation Center unless otherwise noted in the class description.

**Automatic Monthly Billing Available for Annual Memberships** 





Learn more about the parks of Leesburg at www.idalee.org or call 703-777-1368

## Aquatics



**Booking Summer Outdoor Pool Parties and Rentals** rentalcoordinator@leesburgva.gov 703-737-2371



(Ages 6 months-2 yrs) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Other children may not be unattended on the pool deck. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401001	TUE	5:40pm	G	\$95
401002	THU	11:00am	Н	\$95
401003	FRI	11:00am	I	\$95
401004	SAT	9:00am	J	\$86
401005	SAT	10:20am	J	\$86
401006	SAT	11:00am	J	\$86

#### **Parent & Child Swim**

(Ages 2-5) Parents and children have fun together in his class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Other children may not be unattended on the pool deck. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401020	TUE	11:00am	G	\$95
401021	THU	5:40pm	Н	\$95
401022	FRI	10:20am	I	\$95
401023	SAT	9:40am	J	\$86
401025	SUN	10:00am	K	\$86

#### **Tiny Tikes 2's Swim**

(Ages 2 Only) This unique class introduces 2 year olds to group swimming lessons and teaches face submersion, blowing bubbles, breath control, floating on front and back (with support), arm and leg movements, and safety. Classes are limited to just 3 participants each. Prerequisite: Children must function well in a group setting without a parent. No goggles permitted in this class. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401030	TUE	9:00am	G	\$95
401031	TUE	9:40am	G	\$95
401033	THU	9:00am	Н	\$95
401034	THU	9:40am	Н	\$95
401035	THU	5:00pm	Н	\$95
401036	SAT	9:00am	J	\$86

#### **Request a Swim Assessment**

Please call us at 703-777-1368 to schedule a free swim assessment. Each level is based on a skills progression and may need to be repeated until the student is comfortable enough to progress to the next level.

Please read the descriptions of each class to register for the appropriate skill level. Each level is based on a skills progression and may need to be repeated until the student is comfortable enough to progress to the next level. We recommend that you schedule a free swimming assessment if you are unsure of your child's ability level or if this is your first time taking classes at Ida Lee. Please call us at 703-777-1368 to schedule a free swim assessment.

#### **Important Aquatic Program Information:**

- During swim lessons, guardians may watch their children from the bleacher area or the vending area.
- Patrons accompanying students in aquatics programs must pay general admission fees to use the facility.
- No make-ups or refunds are given for missed lessons due to personal reasons.
- Participants may only register for one Learn-to-Swim class per
- Participants must be correct age by the start of class.
- Children under the age of 10 must be accompanied by an adult on the pool deck.
- Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.

#### **Learn-To-Swim Session Dates:**

Monday/Wednesday: 7 classes

Session A – 4/1-4/22

Session B – 4/24-5/15

• Session C - 5/20-6/12\*

Tuesday/Thursday: 7 classes

Session D – 4/2-4/23

• Session E - 4/25-5/16 • Session F - 5/21-6/11

Tuesday Only: 10 classes Session G – 4/2-6/4

Friday Only: 10 classes

Thursday Only: 10 classes

Session H – 4/4-6/6

Session I – 4/5-6/7

Saturday Only: 9 classes

Session J – 4/6-6/8\*

Sunday Only: 9 classes

Session K – 4/7-6/9\*

No Learn-to-Swim Classes 5/25-5/27\*

#### Waddler

(Ages 3-5) This class teaches breath control, face submersion, floating on front and back (with flotation support), arm and leg movements, and safety. Prerequisite: Children must function well in a group class without a parent. No goggles permitted in this class. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401102	M/W	5:00pm	A, B, C	\$67
401103	M/W	5:40pm	A, B, C	\$67
401104	T/TH	9:40am	D, E, F	\$67
401107	T/TH	5:00pm	D, E, F	\$67
401108	FRI	10:20am	I	\$95
401109	FRI	11:00am	I	\$95
401110	FRI	12:00pm	I	\$95
401111	SAT	9:00am	J	\$86
401112	SAT	9:40am	J	\$86
401113	SAT	11:00am	J	\$86
401114	SUN	10:00am	K	\$86
401115	SUN	10:40am	K	\$86

#### **Floater**

(Ages 3-5) This class teaches breath control, face and head submersion, floating on front and back independently, swimming 5 yards on front and back (with flotation support), and safety. Prerequisite: Fully submerge face for 3 seconds and float on front and back (with flotation support). No goggles permitted in this class. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401122	M/W	5:00pm	A, B, C	\$67
401123	T/TH	10:20am	D, E, F	\$67
401126	T/TH	4:20pm	D, E, F	\$67
401127	T/TH	5:00pm	D, E, F	\$67
401128	FRI	9:40am	I	\$95
401129	FRI	11:00am	I	\$95
401130	FRI	12:00pm	I	\$95
401131	FRI	12:40pm	I	\$95
401132	SAT	9:40am	J	\$86
401133	SAT	10:20am	J	\$86
401134	SUN	10:00am	K	\$86
401135	SUN	10:40am	K	\$86



#### **Paddler**

(Ages 3-5) This class teaches rhythmic breathing, gliding on front and back, rolling over, swimming 5 yards on front and back, sitting dive, swimming in deep water, and safety. Prerequisite: Fully submerge body for 5 seconds, float on front and back independently, and swim 5 yards on both front and back (with flotation support). Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401141	M/W	3:40pm	A, B, C	\$67
401142	M/W	5:40pm	A, B, C	\$67
401143	T/TH	11:00am	D, E, F	\$67
401147	T/TH	5:00pm	D, E, F	\$67
401148	FRI	9:00am	I	\$95
401149	FRI	12:40pm	I	\$95
401150	SAT	9:00am	J	\$86
401151	SAT	10:20am	J	\$86
401152	SAT	11:00am	J	\$86
401153	SUN	10:40am	K	\$86



In an effort to better serve you and to continually improve, we rely on feedback to help us evaluate our programs and services. Whether your feedback is positive or negative, we think of every comment or suggestion as a learning experience and/or an opportunity for growth. To fill out our survey, please go to www.idalee.org or scan the QR code.



Ida Lee **Class Survey** 



Ida Lee Service and **Facility Survey** 

#### **Swimmer**

(Ages 4-6) This class teaches rotary breathing, swimming 15 yards of front crawl and elementary backstroke, kneeling dive, treading water, and safety. Prerequisite: Float on front and back for 5 seconds, swim 5 yards on both front and back, and must be comfortable in deep water. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401161	M/W	3:40pm	A, B, C	\$67
401162	M/W	6:20pm	A, B, C	\$67
401163	T/TH	11:00am	D, E, F	\$67
401165	T/TH	5:40pm	D, E, F	\$67
401166	FRI	9:00am	I	\$95
401167	SAT	9:40am	J	\$86
401168	SAT	10:20am	J	\$86
401169	SUN	12:00pm	K	\$86
401170	FRI	1:20pm	I	\$95

#### **Lap Swimmer**

(Ages 4-7) This class teaches swimming 25 yards of front crawl and elementary backstroke, 15 yards of back crawl, breaststroke kick, standing dive, treading water, and safety. Prerequisite: Swim 15 yards each of front crawl (with some rotary breathing) and elementary backstroke. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401180	M/W	4:20pm	A, B, C	\$67
401181	M/W	5:00pm	A, B, C	\$67
401183	T/TH	5:40pm	D, E, F	\$67
401184	FRI	9:40am	I	\$95
401185	SAT	10:20am	J	\$86
401186	SUN	10:40am	K	\$86

#### **Advanced Lap Swimmer**

(Ages 4-7) This class teaches swimming 25 yards of front crawl, elementary backstroke, and back crawl; 15 yards of breaststroke, sculling, surface dives, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl (with rotary breathing) and elementary backstroke, and 15 yards of back crawl. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401190	M/W	4:20pm	A, B, C	\$67
401191	M/W	5:40pm	A, B, C	\$67
401192	FRI	9:00am	I	\$95
401193	SAT	9:00am	J	\$86



#### Level 1

(Ages 6-12) This class teaches breath control, face submersion, floating on front and back (with support), swimming 5 feet on front and back (with support), and safety. Prerequisite: Students must function well in a group class without parent. No goggles permitted in this class. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401212	M/W	5:00pm	A, B, C	\$67
401213	T/TH	6:20pm	D, E, F	\$67
401214	SAT	9:40am	J	\$86
401215	SAT	11:00am	J	\$86

#### Level 2

(Ages 6-12) This class teaches breath control and head submersion, floating on front and back, gliding on front and back, rolling over, swimming 5 yards on front and back, and safety. Prerequisite: Fully submerge face for 3 seconds, float on front and back (with support), and swim 5 feet on both front and back (with support). Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401222	M/W	6:20pm	A, B, C	\$67
401223	T/TH	5:00pm	D, E, F	\$67
401224	T/TH	7:00pm	D, E, F	\$67
401228	T/TH	7:40pm	D, E, F	\$67
401226	SAT	11:00am	J	\$86
401227	SUN	11:20am	K	\$86

#### Level 3

(Ages 6-12) This class teaches rotary breathing, swimming 15 yards of front crawl, elementary backstroke and back crawl, jumping into deep water, treading water, and safety. Prerequisite: Float on front and back for 5 seconds and swim 5 yards on both front and back. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401232	M/W	5:40pm	A, B, C	\$67
401233	M/W	6:20pm	A, B, C	\$67
401234	M/W	7:00pm	A, B, C	\$67
401235	T/TH	6:20pm	D, E, F	\$67
401236	T/TH	7:00pm	D, E, F	\$67
401237	FRI	5:00pm	I	\$95
401238	SAT	9:00am	J	\$86
401239	SAT	9:40am	J	\$86
401240	SAT	10:20am	J	\$86
401241	SUN	11:20am	K	\$86

#### **Learn-To-Swim Session Dates:**

Monday/Wednesday: 7 classes

- Session A 4/1-4/22
- Session B 4/24-5/15
- Session C 5/20-6/12\*

#### Tuesday/Thursday: 7 classes

- Session D 4/2-4/23
- Session E 4/25-5/16
- Session F 5/21-6/11

#### Tuesday Only: 10 classes

Session G – 4/2-6/4

Thursday Only: 10 classes

Session H – 4/4-6/6

Friday Only: 10 classes

Session I – 4/5-6/7

Saturday Only: 9 classes

Session J – 4/6-6/8\*

Sunday Only: 9 classes

Session K – 4/7-6/9\*

No Learn-to-Swim Classes on 5/25-5/27\*

#### Level 4

(Ages 6-12) This class teaches 25 yards of front crawl with rotary breathing, elementary backstroke, and back crawl; 15 yards of breaststroke, standing dive, surface dives, treading water, and safety. Prerequisite: Swim 15 yards each of front crawl, elementary backstroke, and back crawl. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401252	M/W	6:20pm	A, B, C	\$67
401253	M/W	7:00pm	A, B, C	\$67
401254	T/TH	6:20pm	D, E, F	\$67
401255	T/TH	7:00pm	D, E, F	\$67
401256	FRI	5:40pm	I	\$95
401257	SAT	9:40am	J	\$86
401258	SAT	11:00am	J	\$86
401259	SUN	11:20am	K	\$86
401260	SUN	12:00pm	K	\$86

#### Level 5

(Ages 6-12) This class teaches 50 yards of front crawl with bi-lateral breathing, elementary backstroke, and back crawl; 25 yards of breaststroke, 15 yards of butterfly, surface dives, open turns, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl, elementary backstroke and back crawl in good form, and 15 yards of breaststroke. Classes meet for 30 minutes.

CODE	DAY	TIME	SESSION	FEE
401263	T/TH	6:20pm	D, E, F	\$67
401264	FRI	6:20pm	I	\$95
401265	SAT	9:00am	J	\$86
401266	SAT	10:20am	J	\$86
401267	SUN	12:00pm	K	\$86

#### Level 6

(Ages 6-14) This class teaches 100 yards of front crawl and back crawl, 50 yards of breaststroke, 25 yards of butterfly and sidestroke. The class develops good fitness habits, introduces a wide range of aquatic activities, and teaches safety skills. Prerequisite: Participants must have completed Level 5. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401270	M/W	7:00pm	A, B, C	\$77
401271	SAT	11:00am	J	\$99

#### **Off-Season Conditioning**

(Ages 11-18) This is a great training and conditioning program for competitive swimmers who want to maintain their edge and perfect their strokes. Prerequisite: Swimmers can swim the four competitive strokes. Classes meet for 60 minutes.

CODE	DAY	TIME	SESSION	FEE
401440	M/W	5:30pm	A, B, C	\$88
401441	SAT	9:00am	J	\$113

#### **Adaptive Aquatics**

(Ages 3-12) A flexible water activity for individuals with physical or cognitive disabilities. Emphasis is placed on developing swimming skills and basic movements to meet the needs of participants. Prerequisite: A family member is required to assist in the water during Adaptive Aquatics classes. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401501	SAT	9:30am	J	\$99



#### **EELIMINATORS Summer Swim Team**

(Ages 5-18) The Team promotes swimming excellence and encourages lifelong participation in swimming – both as a recreational activity and as a form of exercise. The Eeliminators participate in the Old Dominion Summer Swim League. Swim meets will take place on Wednesday evenings and Saturday mornings during the months of June and July. A parent meeting for all swimmers will be held on Thursday, May 9th, at 7:00pm at a location to be determined. Pre-season afternoon practice will start the first week of June. Practice dates and times will be communicated. Morning practices will be held starting June 17th. Prerequisite: Swimmers 8 & under must have completed Swim Level 4 or Advanced Lap Swimmer and swim 25 yards in good form; Swimmers 9 & up must have completed Swim Level 5 and must be able to swim 50 yards in good form.

CODE	DAY	TIME	DATES	AGES	FEE
401700a	M-F	6:45am	6/17-7/19	15-18	\$150
401710a	M-F	7:45am	6/17-7/19	11-12	\$150
401710b	M-F	7:45am	6/17-7/19	13-14	\$150
401720a	M-F	8:45am	6/17-7/19	9-10	\$150
401730a	M-F	9:45am	6/17-7/19	5-8	\$125

#### **Developmental Swim Team**

(Ages 6-10) This class is designed to introduce younger and less proficient swimmers to a swim team environment. The competitive strokes (front crawl, back crawl, breaststroke, and butterfly) are taught in a low pressure, non-competitive environment. Swimmers will improve on stroke technique while learning the fundamentals of competitive swimming. Prerequisite: Student must have completed Level 4 or Advanced Lap Swimmer, and swim 25 yards in good form. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401430	M/W	3:30pm	A, B, C	\$77
401431	SUN	12·00nm	K	\$99

### **NOW HIRING** ecuards

We are looking for people to join our aquatics team!

Contact our Aquatics Manager at 703-777-1368 for more information.

Not certified? Sign up for a lifeguarding class. See page 14 for details.





#### **Private Swim Lesson Request**

(Ages 3 & up) A limited number of private swim lessons will be offered each session. If you would like to request a private swim lesson, please register using the code below. You will receive a call in the order of your wait-list number, although we are unable to guarantee a space. Lesson times and instructor availability is on a first-come, first-served basis. Please note: There are no refunds or make-ups for missed private swim lessons. There is no cost to be on the wait-list. Payment is due when the lessons are scheduled. You will need to register each seasonal session to be on the wait-list.

1 Student \$38/lesson 2 Students \$46/lesson 3 Students \$54/lesson 4 Students \$62/lesson

403000a - Private Swim Lesson Request

30-minute lessons

#### **Advanced Developmental Swim Team**

(Ages 8-14) This class is designed for more experienced swimmers who are still developing competitive strokes. Prerequisite: Student must have completed Level 5 and must be able to swim 50 yards in good form. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401432	M/W	4:30pm	A, B, C	\$77
401433	T/TH	5:45pm	D, E, F	\$77
401434	SAT	10:15am	J	\$99

#### **Teen/Adult Beginner Swimming**

(Ages 13 & up) Overcome your hesitation with water at a comfortable pace while learning the basic swimming skills: water adjustment, breath control, floating, kicking, and introduction to front crawl, back crawl, and breaststroke. This class is held in shallow water. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401600	T/TH	7:00pm	D, E	\$77
401601	SAT	8:00am	J	\$99
401602	SUN	11:15am	K	\$99

#### **Learn-To-Swim Session Dates:**

Monday/Wednesday: 7 classes

Session A – 4/1-4/22

Session B – 4/24-5/15

• Session C - 5/20-6/12\*

Tuesday/Thursday: 7 classes

Session D – 4/2-4/23

• Session E - 4/25-5/16 • Session F - 5/21-6/11

Tuesday Only: 10 classes

Session G – 4/2-6/4

Thursday Only: 10 classes

Session H – 4/4-6/6

Friday Only: 10 classes

Session I – 4/5-6/7

Saturday Only: 9 classes

Session J – 4/6-6/8\*

Sunday Only: 9 classes

Session K – 4/7-6/9\*

No Learn-to-Swim Classes on 5/25-5/27\*



#### **POOL HOURS MAY 25-SEPTEMBER 2, 2024**

While School is in session (May 25-June 14 and August 22-September 2) pool hours are limited to weekends only with regular hours on Memorial Day and Labor Day.

#### **AQUATIC CENTER FEATURES**

- 600' Lazy River
- Drop Slide
- Large Slide Tower
- Two Body Flumes
- · Little Squirt Whale
- Two Gang Slides
- Water Pipe Fall
- Floating Snake
- · Large Beach Area
- Bubblers
- · Birthday Parties
- · Concession Stand
- · Grass Picnic Area
- Shade Structures
- Rentals

#### **ADMISSION**

Daily Fees*	Youth/ Senior	Adults (16-59 yrs.)	After 5:00pm		
TOWN RESIDENT					
Mon-Fri	\$5.00	\$6.00	\$4.00		
Sat/Sun	\$6.00	\$7.00	\$4.00		
Holidays	\$6.00	\$7.00	\$4.00		
NON-RESIDE	NON-RESIDENT				
Mon-Fri	\$8.00	\$9.00	\$6.00		
Sat/Sun	\$9.00	\$10.00	\$6.00		
Holidays	\$9.00	\$10.00	\$6.00		

<sup>\*</sup> Two and under free

#### **OUTDOOR RENTALS**

**CABANA PARTY** 

RENTALS Starting At Only

\$275.00

#### PRIVATE POOL RENTALS

2 Hour Minimum THURSDAY NIGHTS **Hourly Rate Starting At** 



#### **CONTACT OUR RENTAL COORDINATOR**

703-737-2371

rentalcoordinator@leesburgva.gov

703-779-5390 / www.AVSAC.org (a) AVSAC\_waterpark (f) AVSAC Waterpark



Summer Outdoor

#### **ADMISSION PASSES**

#### (Town Resident)

	Youth/ Senior	Adults (16-59 yrs.)
10 Visit Pass	\$40.00	\$50.00
5 Visit Add-On*	\$20.00	\$25.00

#### **ADMISSION PASSES**

#### (Non-Resident)

	Youth/ Senior	Adults (16-59 yrs.)
10 Visit Pass	\$70.00	\$80.00
5 Visit Add-On*	\$35.00	\$40.00

<sup>\*</sup> In order to purchase a 5 Visit Add-On, you must first purchase a 10 Visit Pass.

<sup>\*\*</sup>All unused pass visits expire on September 2, 2024.



# Join us in the Pool

#### DIVING BOARD & ROCK WALL HOURS

**FRIDAY SATURDAY & SUNDAY**  7:00pm - 8:30pm 1:00pm - 4:50pm

#### Teen/Adult Intermediate Swimming

(Ages 13 & up) Build on your skills: front crawl, back crawl, breaststroke, treading water, deep water swimming, and safety. Prerequisite: Must be comfortable in water and swim 5 yards on front and back. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401610	T/TH	7:00pm	F	\$77
401611	SAT	8:00am	Л	\$99

#### **Teen/Adult Advanced Swimming**

(Ages 13 & up) Improve your stroke technique and learn new skills: front crawl, back crawl, elementary backstroke, breaststroke, butterfly, and diving from poolside. Prerequisite: Comfort in deep water and swim 10-15 yards of front and back crawl. Classes meet for 45 minutes.

CODE	DAY	TIME	SESSION	FEE
401620	M/W	7:30pm	A, B, C	\$77
401621	SAT	8:00am	J	\$99

#### Adult Stroke Refinement/Conditioning

(Ages 16 & up) Become a stronger and faster swimmer by learning how to improve your stroke, breathing, and turns for more efficiency. Build your endurance by doing drills to become a stronger distance swimmer. Prerequisite: Swim 50 yards of any stroke in good form. Classes meet for 60 minutes.

CODE	DAY	TIME	SESSION	FEE
401751	SUN	10:00am	K	\$113

#### **Young Masters Swim**

(Ages 13-18) This is a great conditioning class for experienced high school swimmers who want to participate in a group swim team setting while keeping up stroke techniques and endurance. This class coincides with the Masters Swim class.

CODE	DAY	TIME	SESSION	FEE
401910a	M/W	7:30-8:30pm	April	\$80
401910b	M/W	7:30-8:30pm	May	\$80

#### **Masters Swim**

(Ages 16 & up) This is a great conditioning class for experienced swimmers or anyone wanting to participate in a group swim team atmosphere. Perfect your strokes, meet new people, and feel better than ever.

CODE	DAY	TIME	SESSION	FEE
401900b	M/W	7:30-8:30pm	April	\$80
401901b	M/W	7:30-8:30pm	Mav	\$80

#### **Eeliminators Off Season Practice**

(Ages 5-18) Stay in shape during the off season! This class is for our current or future Eeliminator Swim Team participants. Swimmers will perfect their strokes, maintain endurance, practice new skills, and have fun with their summer swim team members.

CODE	AGES	DAY	TIME	DATES	FEE
401740a	5-10	SUN	5:45-6:30pm	April-May	\$77
401741a	11-14	SUN	6:30-7:15pm	April-May	\$77
401742a	12-18	SUN	7:15-8:00pm	April-May	\$77

#### **Learn-To-Swim Session Dates:**

Monday/Wednesday: 7 classes

Session A – 4/1-4/22

Session B – 4/24-5/15

Session C – 5/20-6/12\*

Tuesday/Thursday: 7 classes

Session D – 4/2-4/23

Session E – 4/25-5/16

• Session F - 5/21-6/11

Tuesday Only: 10 classes

Session G – 4/2-6/4

Thursday Only: 10 classes

Session H – 4/4-6/6

Friday Only: 10 classes

Session I – 4/5-6/7

Saturday Only: 9 classes

Session J – 4/6-6/8\*

Sunday Only: 9 classes

Session K – 4/7-6/9\*

No Learn-to-Swim Classes on 5/25-5/27\*

## Safety Academy

15% off Recreation Center Passes 3/15/24 through 4/15/24

> 6 Months and Annual Passes Only

#### **American Red Cross Lifeguard Training**

(Ages 15 & up) Participants of this course are taught the skills and knowledge to prevent, recognize, and respond to emergencies in and around the water. Upon successful completion of the course, participants will be certified in Lifeguard Training/CPR/AED and First Aid which is valid for 2 years. Participants are encouraged to bring a packed lunch. Digital Participant manual and a pocket mask will be provided. Attendance is mandatory at all sessions. Prerequisite: Participant must be 15 years old on or before the LAST day of class and pass a pre-course skills session, on first day of class. This is a blended learning class that requires an online 10 hour portion to be completed prior to the first day. The swimming requirements include: a 300 yard continuous swim, using 100 yards of front crawl, 100 yards of breaststroke, and 100 yards of front crawl or breaststroke or a combination of both; starting in the water, swim 20 yards of front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object on the back, and exit the water without using a ladder or steps within 1 minute, 40 seconds; tread water for 2 minutes using only the legs. 3 classes plus 10-hour online portion prior to class start date.

304810b	FRI	6:00pm-10:00pm	3/22-3/24	\$300
	SAT/SUN	9:00am-6:00pm		
404810a	FRI	6:00pm-10:00pm	4/26-4/28	\$300
	SAT/SUN	9:00am-6:00pm		
404810b	FRI	6:00pm-10:00pm	5/17-5/19	\$300
	SAT/SHN	9.00am-6.00nm		

#### **American Red Cross Lifeguard Training Review**

(Ages 15 & up) The Lifeguard Training Review class renews the participant's unexpired certificates in Lifeguarding, CPR/AED, and First Aid. Upon successful completion of the course, participants will be renewed for Lifeguarding, CPR/AED, and First Aid which is valid for two years. Participants must bring the ARC Lifeguard Training textbook and pocket mask to class. Participants are encouraged to bring a packed lunch. Prerequisite: Must have an unexpired ARC Lifeguard Training Certificate. If certificate is expired, student must register for the full Lifeguard Training course. 1, 7-hour class.

404812b SUN 9:00am-4:00pm 5/19 \$125



#### **Scout Skills Testing**

(Ages 8 & up) Under the supervision of a certified lifeguard, participants are provided an opportunity to be tested for requirements towards a badge or readiness for summer camp swimming activities. 1, 60-minute session.

404814a	FRI	6:15-7:15pm	4/26	\$5
404814b	FRI	6:15-7:15pm	5/3	\$5
404814c	FRI	6:15-7:15pm	5/10	\$5

#### **American Red Cross Babysitter's Training**

(Ages 11-15) The American Red Cross Babysitter's Training Course will teach young people the skills and confidence needed to safely and responsibly care for children and infants. Through hands-on activities, interactive video and lively discussions, the course teaches young people how to interview for a babysitting job, make responsible decisions, and keep the children they babysit and themselves safe. Skills taught include: first aid for choking, first aid for bleeding, and basic care (diapering, holding, feeding, and dressing) for infants and young children. Upon successful completion of the course, participants will receive an American Red Cross Babysitter's Training certificate. Participants are encouraged to bring a packed lunch. Participant manual will be included. 1, 5-hour class.

404918a	SUN	1:00-6:00pm	4/21	\$100
404918b	SUN	1:00-6:00pm	6/2	\$100

#### **SAFETY ACADEMY REFUND POLICY**

No refunds to participants after the first day of class.

# Fitness & Wellness



#### **Aquatic Fitness**

#### **Absolute Abs**

(Ages 16 & up) Target your core in this warm water class that focuses on training the abdominal and lower back muscles. By using the legs in multi-dimensional movement patterns, you will develop a stronger midsection to stabilize your torso and improve your balance and posture. 14, 50-minute classes/\*12, 50-minute classes.

402700a	M/W/F	8:00am	4/1-4/26	\$120*
402700b	M/W/F	8:00am	4/29-5/24	\$120*
402700c	M/W/F	8:00am	5/29-6/28	\$140

#### **Aqua Power**

(Ages 16 & up) Develop your coordination, muscular strength, and cardiovascular endurance through the use of noodles, dumbbells, and other aquatic fitness equipment. Working against shallow water currents will constantly challenge the core muscles, leading to improvements in balance as well. 14, 50-minute classes/\*12, 50-minute classes.

402710a	M/W/F	8:30am	4/1-4/26	\$120*
402710b	M/W/F	8:30am	4/29-5/24	\$120*
402710c	M/W/F	8:30am	5/29-6/28	\$140

#### **Arthritis Exercise**

(Ages 16 & up) Use water walking and Arthritis Foundation exercises to move all major joints and facilitate activities of daily living. Improve balance, strength, and endurance while having fun in this warm water class. 14, 50-minute classes/\*12, 50-minute classes.

402720a	M/W/F	9:00am	4/1-4/26	\$120*
402720b	M/W/F	9:00am	4/29-5/24	\$120*
402720c	M/W/F	9:00am	5/29-6/28	\$140

#### **Deep Water**

(Ages 16 & up) This class places an emphasis on the water's natural resistance to enhance overall fitness. The use of flotation equipment allows you to increase your intensity level without increasing the impact on your joints. Prerequisite: Must be comfortable in deep water. 14, 50-minute classes/\*13, 50-minute classes. /\*\*12, 50-minute classes.

402730a	M/W/F	9:30am	4/1-4/26	\$120**
402730b	M/W/F	9:30am	4/29-5/24	\$120**
402730c	M/W/F	9:30am	5/29-6/28	\$140
402731a	T/TH	9:30am	4/2-5/14	\$130*
402731b	T/TH	9:30am	5/16-6/27	\$130*

#### **Water Exercise Basics**

(Ages 16 & up) Perfect for those new to water exercise. This class will explore different types of water exercise classes and different types of equipment. You will learn the most effective way to exercise in the water. Class will have cardio, strength, flexibility, and endurance. Participants will leave feeling comfortable in any type of aqua class setting. 13, 50-minute classes.

402734a	T/TH	10:30am	4/2-5/14	\$130
402734b	T/TH	10:30am	5/16-6/27	\$130

#### **Agua Blast**

(Ages 16 & up) Develop your muscular strength and cardiovascular endurance as you work through various intervals for a total body workout. 13, 50-minute classes.

402766a	T/TH	8:30am	4/2-5/14	\$130
402766b	T/TH	8:30am	5/16-6/27	\$130

#### **Aqua Pilates**

(Ages 16 & up) A combination of Pilates and aquatic exercise results in a unique class which develops core stability and will tone and strengthen your entire body. Agua Pilates is for those who desire to decrease injuries while increasing energy and function at optimal health levels. The movements incorporate the use of pool aides that create added resistance in the water. 13, 50-minute classes.

402780a	T/TH	5:30pm	4/2-5/14	\$130
402780b	T/TH	5:30pm	5/16-6/27	\$130

#### **Aqua Fitness Passes**

Eager to try one of our aqua fitness classes but not sure where to begin? TRY A DROP-IN PASS! Passes can be purchased at the front desk and must be used within 90 days of purchase. No refunds will be issued for unused passes and the number of pass holders in the class may be limited by class size. Please contact the front desk at 703-777-1368 for more details.

#### **Fitness Classes for Kids**

#### **Youth Weight Room Certification**

(Ages 12-15) Learn the rules of the fitness room and how to use the free weights and cardio machines. Students will also learn how to design their own program and the basics of strength training and cardio workouts. Youths with a certification card on file may workout in the fitness center unsupervised. In order to take this class, you must pre-register at least 3 days before and you must attend all four sessions. 4, 60-minute classes.

408560a TUE 4:45pm 4/9-4/30 \$60 408560b TUE 4:45pm 5/14-6/4 \$60

#### **Wellness Specialty Classes**

#### Women on Weights - Machines and Free Weights

(Ages 16 & up) Design your own strength workout utilizing the equipment and free weights in the Ida Lee Fitness Center. You will learn basic strength training form, technique, and principles so that you have safe and effective workouts. 1, 60-minute class.

408700a FRI 6:30pm 5/10 \$25

#### **Studio Fitness Class**

(Ages 18 & up) This course is designed for those who wish to take their fitness to a new level. Class is held in a private studio setting and is limited to 6 participants. Incorporating use of various cardio equipment as well as battle ropes, TRX, and other specialty equipment not available outside of the studio. 6, 60-minute classes.

408730a MON 7:45am \$120 4/25-5/30 408730b THU 5:45am \$120 408730c MON 6:00pm 4/8-5/13 \$120 408730d WED 6:00pm 4/24-5/29 \$120



#### **Training and Wellness Studio**

Exclusive studio dedicated to personal training sessions and small group classes ONLY



# Personal Training 10% off

**Personal Training** Valid 3/15/24 through 4/15/24

#### **Group Training\***

Great if you would like to organize your own group of three or four friends to work together.

Program Packages	Cost Per Package
1 Session for a group of 3 individuals	\$120; \$40/person
5 Sessions for a group of 3 individuals	\$500; \$165/person
1 Session for a group of 4 individuals	\$140; \$35/person
5 Sessions for a group of 4 individuals	\$600; \$150/person

#### **Individual Nutrition Counseling**

(Ages 12 & up) One-on-one nutrition counseling with a Registered Dietitian that will be tailored to the individuals needs, providing education and guidance such as weight management, diabetic education and meal planning, basic sports nutrition, and heart healthy nutrition. First session 60-minutes, follow up sessions 30-minutes.

Consultation Type	Cost
60-minute initial consultation	\$60
30-minute follow up consultation	\$40

#### \* The following applies to all training sessions:

- You must notify your trainer 24 hours in advance of cancellation. If there is not a 24 hour notice, you will be charged for the missed session.
- Sessions are good for 12 months from the date of purchase.
- There are no refunds given on personal training purchases.



#### **Training and Wellness Studio**

Exclusive studio dedicated to personal training sessions and small group classes ONLY

#### **Personal Training**

(Ages 12 & up) Ida Lee has a diverse team of certified Personal Trainers available to challenge and motivate clients of all fitness levels. Whether you are a high school student with college athletic aspirations, or an older adult seeking improved mobility, we can help you maximize your body's potential. To lose weight, reduce stress, and enhance your athletic ability, please fill out a Personal Training Request Form available at the front desk or online at www.idalee.org. We will contact you to schedule your personal training sessions. Several packages are available to meet your personal training needs.

#### **Private Training\***

One-on-one individualized sessions.

#### **60-MINUTE TRAINING PACKAGES**

Program Packages	Cost Per Package
1 Session	\$60
5 Sessions	\$275
10 Sessions	\$500

#### **30-MINUTE TRAINING PACKAGES**

Great if you want an affordable, long term commitment towards a complete change in lifestyle and fitness.

Program Packages	Cost Per Package
4 Sessions	\$120
8 Sessions	\$220
12 Sessions	\$300

#### **Partner Training\***

Workout and spend time with someone you care about!

Program Packages	Cost Per Package
1 Session	\$100; \$50/person
5 Sessions	\$450; \$225/person
10 Sessions	\$800; \$400/person





33 visits for \$100 (8 free) or 13 visits for \$40 (3 free)

The Ida Lee Park Tennis Center offers a wide variety of classes. academies, tournaments, and more. If you are USTA rated, please sign up for the class that corresponds with that rating level. If you do not have a USTA rating, please consult with the Head Tennis Professional before enrolling. Ida Lee Park Tennis reserves the right to transfer any participant to a different class if their skill level is not equal to the level of the clinic to which they are enrolled. Age overrides for ability level are possible with the approval of the Head Tennis Professional. Please come to your class with a tennis racquet and tennis shoes. All classes meet at the AV Symington Indoor Tennis Center.

#### **Youth Tennis**

#### **Quick Start Red Ball Level 1-Indoor**

(Ages 4-6) This class will introduce basic hand-eye coordination, racquet skills, and stroke fundamentals using low compression red balls and fun constructive games. No class 5/25. 6, 45-minute classes/\*5, 45-minute classes/\*\*4, 45-minute classes.

427101a	TUE	3:30pm	4/2-4/30	\$105*
427101b	TUE	3:30pm	5/7-6/11	\$126
427102a	THU	3:30pm	4/4-5/2	\$105*
427102b	THU	3:30pm	5/9-6/13	\$126
427103a	SAT	8:30am	4/6-5/4	\$105*
427103b	SAT	8:30am	5/11-6/8	\$84**

#### Ouick Start Red Ball Level 2-Indoor

(Ages 6-8) This class will introduce basic hand-eye coordination, racquet skills, and stroke fundamentals using low compression red balls and fun constructive games. No class 5/25. 6, 45-minute classes/\*5, 45-minute classes/\*\*4, 45-minute classes.

427110a	TUE	4:30pm	4/2-4/30	\$105*
427110b	TUE	4:30pm	5/7-6/11	\$126
427112a	THU	8:30am	4/4-5/2	\$105*
427112b	THU	4:30pm	5/9-6/13	\$126
427113a	SAT	8:30am	4/6-5/4	\$105*
427113b	SAT	8:30am	5/11-6/8	\$84**

#### **Ida Lee Park Tennis Center Hours**

Monday-Saturday 7:00am-10:00pm Sunday 8:00am-8:00pm

#### **Limited Facility Hours**

Memorial Day 8:00am-8:00pm

#### **AV Symington Indoor Tennis Center Reservation Fees**

All prices are per court hour The following rates will be in effect for the 2023-2024

indoor Spring/Summer season (April 1 – September 2).

Spring/Summer Indoor Monday-Sunday Spot Time

Non-Resident player fee: \$4 per non-resident player, per day in addition to applicable court fees.

Non-Resident Player Court Fee Pass – 33 visits for \$100 (8 free) or 13 visits for \$40 (3 free)

#### **Tennis Court Reservation Rates -Outdoors**

Advance \$10 per hour - Town Resident **Reservation:** \$12 per hour – Non-Resident

> (7 days advance reservation for Town Resident; 3 days for Non-Resident)

Multiple \$14 per hour

Dates: (Minimum of 4 consecutive weeks,

maximum of 8 consecutive weeks)

All prices are per court hour

For more information, please call the Tennis Center at 703-737-6068.

#### **RESERVATIONS AVAILABLE**

Online court reservations are available, please visit www.idalee.org

#### **Quick Start Orange Ball-Indoor**

(Ages 7-9) This class will start to focus more on stroke fundamentals, as well as basic footwork to start working on the ability to rally using low-compression orange balls and basic strategy. No class 5/25, 5/27. 6, 90-minute classes/\*5, 90-minute classes/\*\*4, 90-minute classes.

427120a	MON	4:00pm	4/1-4/29	\$153*
427120b	MON	4:00pm	5/6-6/10	\$153*
427121a	WED	4:00pm	4/3-5/1	\$153*
427121b	WED	4:00pm	5/8-6/12	\$183
427123a	THU	4:00pm	4/4-5/2	\$153*
427123b	THU	4:00pm	5/9-6/13	\$183
427124a	SAT	11:00am	4/6-5/4	\$153*
427124b	SAT	11:00am	5/11-6/8	\$122**
427125a	SAT	2:30pm	4/6-5/4	\$153*
427125b	SAT	2:30pm	5/11-6/8	\$122**

#### **Ouick Start Green Ball-Indoor**

(Ages 9-11) This class will work on stroke fundamentals, as well as basic footwork to work on the ability to rally using low-compression green balls while reinforcing the basics of strategy and tactical play. No class 5/25, 5/27. 6, 90-minute classes/\*5, 90-minute classes/ \*\*4. 90-minute classes.

427130a	MON	4:00pm	4/1-4/29	\$153*
427130b	MON	4:00pm	5/6-6/10	\$153*
427131a	THU	4:00pm	4/4-5/2	\$153*
427131b	THU	4:00pm	5/9-6/13	\$183
427132a	SAT	11:00am	4/6-5/4	\$153*
427132b	SAT	11:00am	5/11-6/8	\$122**
427133a	SAT	1:00pm	4/6-5/4	\$153*
427133b	SAT	1:00pm	5/11-6/8	\$122**
427134a	SAT	2:30pm	4/6-5/4	\$153*
427134b	SAT	2:30pm	5/11-6/8	\$122**

#### Junior Intro-Indoor

(Ages 12-16) New to tennis? A solid foundation of fundamentals will be taught for all strokes of the game (groundstrokes, volley, and serve). New skills will be learned through a variety of fun and active drills to develop hand-eye coordination, using appropriate equipment. No class 5/25, 5/27. 5, 90-minute classes/\*4, 90-minute classes.

427137a	MON	4:30pm	4/1-4/29	\$153
427137b	MON	4:30pm	5/6-6/10	\$153
427139a	SAT	1:00pm	4/6-5/4	\$153
427139b	SAT	1:00pm	5/11-6/8	\$122*

#### Youth Intermediate-Indoor

(Ages 11-16) The students in this class should be ready to play in games and have learned the rules of match play, groundstrokes, volley, lob, and overhead strokes. No class 5/25. 6, 90-minute classes/\*5, 90-minute classes/\*\*4, 90-minute classes.

427140a	WED	4:00pm	4/3-5/1	\$153*
427140b	WED	4:00pm	5/8-6/12	\$183
427142a	THU	5:30pm	4/4-5/2	\$153*
427142b	THU	5:30pm	5/9-6/13	\$183
427143a	SAT	11:00am	4/6-5/4	\$153*
427143b	SAT	11:00am	5/11-6/8	\$122**
427144a	SAT	2:30pm	4/6-5/4	\$153*
427144b	SAT	2:30pm	5/11-6/8	\$122**

#### Youth Advanced-Indoor

(Ages 11-16) This class requires stroke fundamentals and footwork so you can continue to progress your tennis game. Will introduce more advanced stroke production and footwork, along with some basic strategy. No class 5/25, 5/27. 5, 90-minute classes/\*4, 90-minute classes.

427150a	MON	5:30pm	4/1-4/29	\$153
427150b	MON	5:30pm	5/6-6/10	\$153
427151a	SAT	11:00am	4/6-5/4	\$153
427151b	SAT	11:00am	5/11-6/8	\$122*
427152a	SAT	2:30pm	4/6-5/4	\$153
427152b	SAT	2:30pm	5/11-6/8	\$122*

#### Middle School Flight-Indoor

(Ages 11-14) This flight is designed to help the player improve in match play situations. You must be able to serve and keep score. No class 5/26. 9, 90-minute classes.

427211a	SUN	1:00pm	4/7-6/9	\$171

#### **High School Flight-Indoor**

(Ages 14-18) This flight is designed to help the player improve in match play situations. You must be able to serve and keep score. No class 5/26. 9, 90-minute classes.

427221a	SUN	2:30pm	4/7-6/9	\$171
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#### **Leesburg Tennis Academy-Indoor**

(Ages 11-18) This class is for juniors who are still working on more advanced stroke production and footwork. Strategies will be reinforced, but the focus will be more on the stroke production and footwork required to execute the strategies provided. Techniques such as hitting a ball on the rise will be learned. Age exceptions will be made based off skill level. (A Tennis Professional will evaluate each child and Ida Lee reserves the right to transfer a child to a different class if their skill level is not equal to the level of this program.) No class 5/27. 13, 90-minute classes/\*6, 90-minute classes.

427250a	M/W/F	5:30pm	4/1-4/29	\$410
427250b	M/W/F	5:30pm	5/1-5/31	\$410
427250c	M/W/F	5:30pm	6/3-6/14	\$189*

#### **Leesburg Tennis Academy Select-Indoor**

(Ages 11-18) As the premier training group at the Ida Lee Tennis Center, Select provides great opportunities for the player who aspires to play collegiate tennis or become the best player that they can be. Entry in the Leesburg Academy Select must have the tennis director's approval to attend the program. (Ida Lee reserves the right to transfer a child to a different class if their skill level does not meet the requirements or the entry to the class was not approved). 14, 90-minute classes/ \*13, 90-minute classes/\*\*6, 90-minute classes.

427252a	T/W/TH	5:30pm	4/2-4/30	\$410*
427252b	T/W/TH	5:30pm	5/1-5/30	\$441
427252c	T/W/TH	5:30pm	6/4-6/13	\$189**

#### Leesburg Tennis Academy, Green Ball-Indoor

(Ages 8-10) This class requires the ability to rally with green balls. Basic strategy will be introduced with more live ball situations. Age exceptions will be made based off skill level. This class is for players currently playing or looking to play in green ball tournaments. (A Tennis Professional will evaluate each child, and Ida Lee reserves the right to transfer a child to a different class if their skill level does not meet the requirements of the class). 14, 60-minute classes/\*13, 60-minute classes/\*\*6, 60-minute classes.

427253a	T/W/TH	4:30pm	4/2-4/30	\$273*
427253b	T/W/TH	4:30pm	5/1-5/30	\$294
427253c	T/W/TH	4:30pm	6/4-6/13	\$126**

#### 1.0-2.0 Adult Tennis-Indoor

(Ages 18 & up) This class is for players that have just started playing tennis or a player that has limited playing experience and is still working primarily on getting the ball into play. No class 5/25. 6, 90-minute classes/\*5, 90-minute classes/\*\*4, 90-minute classes.

427300a	TUE	10:30am	4/2-4/30	\$153*
427300b	TUE	10:30am	5/7-6/11	\$183
427301a	THU	9:00am	4/4-5/2	\$153*
427301b	THU	9:00am	5/9-6/13	\$183
427302a	SAT	1:00pm	4/6-5/4	\$153*
427302b	SAT	1:00pm	5/11-6/8	\$122**



#### **Private Tennis Lessons**

A few advantages of private lessons include customizable lessons plans, flexible scheduling, and one-on-one instruction. If you have never picked up a racquet before, NO PROBLEM! Our instructors will cover the fundamentals of the game and help you find your comfort zone. If you are already a seasoned player, our instructors can help you refine your game. A private lesson tennis request form can be filled out in person at the Tennis Bubble, Pavilion, or online at www.idalee.org.

TYPE	NUMBER OF STUDENTS	FEE
Assistant Pro:	1 Student	\$75/per hour
	2 Students	\$43 per player/per hour
	3 Students	\$32 per player/per hour
	4 Students	\$29 per player/per hour
Head Pro:	1 Student	\$80/per hour
	2 Students	\$46 per player/per hour
	3 Students	\$37 per player/per hour
	4 Students	\$32 per player/per hour

No more than 4 people to a private lesson

#### **Team Practice**

Up to 6 Players \$132 per team/per hour

#### 2.5 Adult Tennis-Indoor

(Ages 18 & up) The players in this class need on-court experience. They are familiar with basic positions of singles and doubles play. The students can sustain a slow rally with players of similar ability. If you are USTA rated, please sign up for the class that corresponds with that rating level. If you do not have a USTA rating, please consult with the Head Tennis Professional before enrolling. No class 5/25. 6, 90-minute classes/ \*5, 90-minute classes/\*\*4, 90-minute classes.

427311a	TUE	9:00am	4/2-4/30	\$153*
427311b	TUE	9:00am	5/7-6/11	\$183
427312a	TUE	7:00pm	4/2-4/30	\$153*
427312b	TUE	7:00pm	5/7-6/11	\$183
427313a	WED	9:00am	4/3-5/1	\$153*
427313b	WED	9:00am	5/8-6/12	\$183
427314a	WED	7:00pm	4/3-5/1	\$153*
427314b	WED	7:00pm	5/8-6/12	\$183
427316a	SAT	9:30am	4/6-5/4	\$153*
427316b	SAT	9:30am	5/11-6/8	\$122**

#### 3.0 Adult Tennis-Indoor

(Ages 18 & up) The players in this class are consistent when hitting medium pace shots, but are not comfortable with all strokes and lacks control when trying for directional intent, depth, or power. No class 5/25, 5/27. 6, 90-minute classes/\*5, 90-minute classes/\*\*4, 90-minute classes.

427320a	MON	9:00am	4/1-4/29	\$153*
427320b	MON	9:00am	5/6-6/10	\$153*
427321a	MON	7:00pm	4/1-4/29	\$153*
427321b	MON	7:00pm	5/6-6/10	\$153*
427324a	WED	10:30am	4/3-5/1	\$153*
427324b	WED	10:30am	5/8-6/12	\$183
427326a	SAT	9:30am	4/6-5/4	\$153*
427326b	SAT	9:30am	5/11-6/8	\$122**

#### 3.5 Adult Tennis-Indoor

(Ages 18 & up) This class focuses heavily on stroke mechanics. rallying, and net play. The players in this class have achieved improved stroke dependability and direction on moderate pace shots, but still lack depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles. No class 5/25, 5/27. 6, 90-minute classes/\*5, 90-minute classes/ \*\*4, 90-minute classes.

427330a	MON	7:00pm	4/1-4/29	\$153*
427330b	MON	7:00pm	5/6-6/10	\$153*
427331a	TUE	9:00am	4/2-4/30	\$153*
427331b	TUE	9:00am	5/7-6/11	\$183
427333a	WED	7:00pm	4/3-5/1	\$153*
427333b	WED	7:00pm	5/8-6/12	\$183
427334a	THU	9:00am	4/4-5/2	\$153*
427334b	THU	9:00am	5/9-6/13	\$183
427335a	THU	7:00pm	4/4-5/2	\$153*
427335b	THU	7:00pm	5/9-6/13	\$183
427336a	SAT	8:00am	4/6-5/4	\$153*
427336b	SAT	8:00am	5/11-6/8	\$122**

#### 4.0+ Adult Tennis-Indoor

(Ages 18 & up) The players in this class have dependable strokes. including directional intent, on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots, and volleys with some success. This player occasionally forces errors when serving and teamwork in doubles is evident. No class 5/27. 6, 90-minute classes/\*5, 90-minute classes.

427340a	MON	9:00am	4/1-4/29	\$153*
427340b	MON	9:00am	5/6-6/10	\$153*
427341a	THU	7:00pm	4/4-5/2	\$153*
427341b	THU	7:00pm	5/9-6/13	\$183

#### 2.5 - 3.5 Flights-Indoor

(Ages 18 & up) This class is strictly match play, and is designed to give players playing opportunities. Matches will be played in doubles or singles format depending on number of participants. 1, 90-minute class.

427402a	FRI	9:00am	4/5	\$19
427402b	FRI	9:00am	4/12	\$19
427402c	FRI	9:00am	4/19	\$19
427402d	FRI	9:00am	4/26	\$19
427402e	FRI	9:00am	5/3	\$19
427402f	FRI	9:00am	5/10	\$19
427402g	FRI	9:00am	5/17	\$19
427402h	FRI	9:00am	5/24	\$19
427402i	FRI	9:00am	5/31	\$19
427402j	FRI	9:00am	6/7	\$19

#### 3.5+ Pro Workout-Indoor

(Ages 18 & up) Enjoy a high intensity class where you will hit hundreds of tennis balls and focus on footwork, conditioning, and strategy. 1, 90-minute class.

FRI	5:30pm	4/5	\$32
FRI	5:30pm	4/12	\$32
FRI	5:30pm	4/19	\$32
FRI	5:30pm	4/26	\$32
FRI	5:30pm	5/3	\$32
FRI	5:30pm	5/10	\$32
FRI	5:30pm	5/17	\$32
FRI	5:30pm	5/24	\$32
FRI	5:30pm	5/31	\$32
FRI	5:30pm	6/7	\$32
	FRI FRI FRI FRI FRI FRI FRI FRI	FRI 5:30pm	FRI 5:30pm 4/12 FRI 5:30pm 4/19 FRI 5:30pm 4/26 FRI 5:30pm 5/3 FRI 5:30pm 5/10 FRI 5:30pm 5/17 FRI 5:30pm 5/24 FRI 5:30pm 5/31

#### Cardio Tennis-Indoor

(Ages 18 & up) Burn more calories than singles or doubles tennis while working on your footwork, endurance, agility, and cardio fitness. Each class will consist of a warm up, workout, and cool down. This is a fast-paced cardio class, where you must be able to maintain a rally. 1, 90-minute class.

427850a	TUE	5:30pm	4/2	\$32
427850b		5:30pm	4/9	\$32
427850c		5:30pm	4/16	\$32
427850d		5:30pm	4/23	\$32
427850e		5:30pm	4/30	\$32
427850f		5:30pm	5/7	\$32
427850g		5:30pm	5/14	\$32
427850h		5:30pm	5/21	\$32
427850i		5:30pm	5/28	\$32
427850i	TUE	5:30pm	5/28	\$32
427850j	TUE	5:30pm	6/4	\$32

#### Racquet Stringing

Need your racquet restrung or a new grip put on? We carry a wide variety of Wilson, Gamma, Luxilon, and Solinco strings. In most cases, we have a 24 to 48 hour turnaround.

For more information, please call the Tennis Center at 703-737-6068.

## Summer Tennis Camps

Come out and be a part of Ida Lee Park's Summer Tennis Academies. There will be instruction on the forehand, backhand, volley, lob, overhead, and the serves. We will discuss the rules of the game, explore proper sportsmanship, and learn the etiquette of tennis. We request that you bring your own tennis racquet, snack, and plenty of fluids. During the first day, participants will be broken up into groups according to skill level. The Tennis Camps will meet at the AV Symington Indoor Tennis Center. No camp will be held on July 4.

#### **Pee Wee Tennis Camps-Indoor**

(Ages 5-7) 5, 2-hour days/\*4, 2-hour days.

143260a	M-F	9:00am	6/17-6/21	\$170
143260b	M-F	9:00am	6/24-6/28	\$170
143260c	M-F*	9:00am	7/1-7/5	\$136*
143260d	M-F	9:00am	7/8-7/12	\$170
143260e	M-F	9:00am	7/15-7/19	\$170
143260f	M-F	9:00am	7/22-7/26	\$170
143260g	M-F	9:00am	7/29-8/2	\$170
143260h	M-F	9:00am	8/5-8/9	\$170
143260i	M-F	9:00am	8/12-8/16	\$170

#### **Youth Tennis Camps-Indoor**

(Ages 8-17) 5, 3-hour days/\*4, 3-hour days.

143264a	M-F	9:00am	6/17-6/21	\$210
143264b	M-F	9:00am	6/24-6/28	\$210
143264c	M-F*	9:00am	7/1-7/5	\$168*
143264d	M-F	9:00am	7/8-7/12	\$210
143264e	M-F	9:00am	7/15-7/19	\$210
143264f	M-F	9:00am	7/22-7/26	\$210
143264g	M-F	9:00am	7/29-8/2	\$210
143264h	M-F	9:00am	8/5-8/9	\$210
143264i	M-F	9:00am	8/12-8/16	\$210

#### **Full Day Youth Tennis Camps-Indoor**

(Ages 8-17) Come enjoy a full day of tennis and other fun sports activities. The camp fee includes one trip to AV Symington Aquatic Center. Bring a lunch and plenty of fluids daily. 5, 6-hour days/ \*4. 6-hour days.

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143266a	M-F	9:00am	6/17-6/21	\$360
143266b	M-F	9:00am	6/24-6/28	\$360
143266c	M-F*	9:00am	7/1-7/5	\$288*
143266d	M-F	9:00am	7/8-7/12	\$360
143266e	M-F	9:00am	7/15-7/19	\$360
143266f	M-F	9:00am	7/22-7/26	\$360
143266g	M-F	9:00am	7/29-8/2	\$360
143266h	M-F	9:00am	8/5-8/9	\$360
143266i	M-F	9:00am	8/12-8/16	\$360



#### **Basketball**

(Ages 4-12) This class will teach children the basics of shooting, dribbling, and passing. Rim height is adjusted according to children's ages. Class meets at Ida Lee Park Recreation Center's Basketball Courts. No class 5/25. 10, 45-minute classes/\*9, 45-minute classes.

MITES (AGES 4	-5)				
417100a	SAT	9:00am	4/6-6/8	\$126*	
PEE WEE (AGES 6-7)					
417110a	SAT	10:00am	4/6-6/8	\$126*	
417110b	THU	6:00pm	4/4-6/6	\$140	
JUNIOR (AGES	8-10)				
417120a	SAT	11:00am	4/6-6/8	\$126*	
417120b	THU	7:00pm	4/4-6/6	\$140	
ADVANCED (AGES 9-12)					
417130a	SAT	12:00pm	4/6-6/8	\$126*	

#### Baseball

(Ages 4-7) Bring your child to learn the fundamentals of baseball. Develop the basic techniques of throwing, catching, fielding, batting, and playing the game. Participants must provide their own glove. Class meets at Foxridge Park's Baseball Field.

#### MITES (AGES 4-5) 8, 35-MINUTE CLASSES. 416100a \$72 THU 5:00pm 4/11-5/30 416102a THU 5:45pm 4/11-5/30 \$72 PEE WEE (AGES 6-7) 8, 45-MINUTE CLASSES. 416110a THU 6:30pm 4/11-5/30 \$84

#### Volleyball

(Ages 10-14) Bump, set, spike! Learn about the exciting game of volleyball. This program will help your child develop the skills and techniques that are essential for playing volleyball. The first day of class will be an assessment day to determine which level the student is best suited for. Class meets at the Ida Lee Park Recreation Center's Basketball Courts. No class 5/25. 9, 45-minute classes.

BEGINNER				
418500a	SAT	9:00am	4/6-6/8	\$126
INTERMEDIAT	Ε			
418502a	SAT	10:00am	4/6-6/8	\$126
ADVANCED				
418504a	SAT	11:00am	4/6-6/8	\$126

#### Lacrosse

(Ages 6-10) Here is a chance for kids to come out and learn about the game of lacrosse. Learn the techniques for scooping, cradling, passing, catching, and shooting. Practice the rules of the game in a fun, noncompetitive environment. Class meets at Ida Lee Park's Practice Field. No class 5/25. 9, 45-minute classes.

PEE WEE (AGE	S 6-7)				
421100a	SAT	1:00pm	4/6-6/8	\$126	
MICRO (AGES 8-10)					
421102a	SAT	2:00pm	4/6-6/8	\$126	

#### **Beginner Soccer**

(Ages 4-12) This class begins with an introduction to the rules and objectives of the game of soccer. It introduces the new player to basic soccer techniques, including dribbling, passing, and shooting. It is organized to develop players' ball skills and foot-eye coordination through simple drills and practice. Class meets at Ida Lee Park's Practice Field. No class 5/25. 9, 45-minute classes.

BEGINNER MITES (AGES 4-5)						
424100a	SAT	9:00am	4/6-6/8	\$126		
424100b	SAT	10:00am	4/6-6/8	\$126		
BEGINNER PEE WEE (AGES 6-7)						
424110a	SAT	11:00am	4/6-6/8	\$126		
BEGINNER MICRO (AGES 8-12)						
424112a	SAT	12:00pm	4/6-6/8	\$126		

#### **Cross Country/Running Training**

(Ages 10-13) Here is an opportunity to get some cross country/running training by using both paved trails and Ida Lee Park's cross country trails. The class will cover technique, form, distance, hill training, nutrition, and fitness subjects. Class meets at the front gazebo of Ida Lee Park. 6, 60-minute classes.

426120a WE	D 5:00pm	4/3-5/8	\$96
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#### **Pickleball**

(Ages 18 & up) Do you want to learn more about one of the fastest growing sports in the nation? Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. Pickleball allows you to work on your balance, agility, reflexes, and hand-eye coordination without putting excessive strains on your body. No class 5/24. 9, 55-minute classes.

BEGINNER				
418400a	FRI	11:00am	4/5-6/7	\$126
BEGINNER/	INTERMED	DIATE		
418402a	FRI	12:00pm	4/5-6/7	\$126
INTERMEDIA	ATE/ADVA	NCED		
418404a	FRI	1:00pm	4/5-6/7	\$126





#### NFL Flag Football League

(Ages 6-17) This is a fun league with a playoff system that adds a competitive aspect to determine a league champion. Minimal equipment needed. Basic football skills of passing, catching, defending, and running used. The offense plays for a first down at midfield and a touchdown in the end zone with "no-running zones" at midfield and near each goal line. Defense covers receivers, rushes the passer, and grabs flags to make "tackles." Players attend an evaluation to determine skill levels and are selected on teams through a draft process. Player evaluations will be held mid-February. Practices and games will begin in March. Upon registering, please visit www.idalee.org to fill out the NFL Flag Football player information forms. Carpool, specific coach, or teammate requests are not accepted.

419100a	Ages 6-7*, Co-ed	\$165
419110a	Ages 8-9*, Co-ed	\$165
419120a	Ages 10-11*, Co-ed	\$165
419125a	Ages 12-13*, Co-ed	\$165
419130a	Ages 14-17*, Co-ed	\$165

<sup>\*</sup>Age as of April 1, 2024

NO REFUNDS WILL BE GIVEN AFTER THE START DATE OF FEBRUARY 16, 2024.

#### WE ARE LOOKING FOR COACHES!!

If interested in coaching your child's team, please call the NFL Flag Football League Manager for more details, 703-737-7158.



#### **Summer Academies**

#### **Soccer Academy**

(Ages 6-12) Improve your skills at our summer soccer academies. Build a strong foundation by learning the basics of dribbling, passing, stopping, offensive positions, defensive positions, and scoring. These academies will start with the fundamentals and build upon those skills into advanced skills. These skills will be put to use in small games that participants will play against each other. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park's Practice Field. No camp 6/19. 5, 3-hour days/\*4, 3-hour days.

PEE WEE (AC	GES 6-8)			
143244a	M-F*	9:00am	6/17-6/21	\$108*
143244b	M-F	9:00am	7/8-7/12	\$135
JUNIOR (AG	ES 9-12)			
143246a	M-F*	9:00am	7/1-7/5	\$108*
143246b	M-F	9:00am	7/22-7/26	\$135

#### **Basketball Academy**

(Ages 9-12) The basketball academy will focus on offensive and defensive skills needed to be a successful player. Skills will be taught in a fun and structured drill format that can be applied in a game setting. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Recreation Center's Basketball Courts. No camp 6/19. 5, 3-hour days/\*4, 3-hour days.

143230a	M-F*	9:00am	6/17-6/21	\$108*
143230b	M-F	9:00am	7/8-7/12	\$135
143230c	M-F	9:00am	7/22-7/26	\$135

#### Flag Football Academy

(Ages 9-12) Improve your skills this summer at the flag football academies. Participants will learn offensive and defensive skills with specific focus on running, pass plays, receiving routes, and much more without the contact. Players will learn the NFL Flag rules and apply them to game play during the camp. Bring a snack and plenty of fluids daily. All participants must wear mouth guards. The week long academy meets at Ida Lee Park's Practice Field. No camp 6/19, 5, 3-hour days/ \*4, 3-hour days.

143252a	M-F*	9:00am	6/17-6/21	\$108*
143252b	M-F	9:00am	6/24-6/28	\$135
143252c	M-F	9:00am	7/8-7/12	\$135
143252d	M-F	9:00am	7/15-7/19	\$135
143252e	M-F	9:00am	7/22-7/26	\$135

#### **Nike Summer Basketball Camp**

(Ages 8-15) Nike Basketball Camp will return to Ida Lee Park Recreation Center this summer for four weeks. These camps help players of all abilities develop athletically, refine fundamental basketball skills, and enhance their skill set at the post, wing, or guard position. The instruction will focus on the game's fundamentals, instilling the importance of commitment, teamwork, character, and sportsmanship helping each camper reach his/her full potential.

Highlights Include:

- Experienced staff with specifically designed curriculum
- Special guest instruction from former/current WNBA players
- Individual and team-focused skill stations and game-level
- · Official Nike Camp T-Shirt, Certificate, daily prizes, and awards

DAYS & TIMES	DATES	FEE
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	6/24-6/28	\$365
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	7/15-7/19	\$365
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	7/29-8/2	\$365
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	8/5-8/9	\$365

PLEASE REGISTER THROUGH NIKE AT: http://www.ussportscamps.com/basketball/nike/ nike-basketball-camp-leesburg/



#### **Private Sports Lessons**

Ida Lee offers private lessons in a one-on-one or partnered setting in several sports! This is a great opportunity to gain skills or learn the basics in a focused and detailed environment. Please fill out a Private Lesson Request Form for your desired sport at www.idalee.org and you will be contacted to schedule lesson time and payment. Private lessons available for: Soccer (Ages 6 & up) and Basketball (Ages 8 & up), Lacrosse (Ages 8 & up) and Racquetball (Ages 12 & up).

Private Lessons 4, 60-minute lessons \$220 Partner Lessons 4. 60-minute lessons \$320



#### **Karate**

(Ages 6 & up) This class provides traditional Karate training that teaches discipline, builds confidence and character, and instills traditional martial arts values; such as honor, honesty, courage, humility, and loyalty. The training objective is to provide meaningful and enjoyable learning experiences for every participant that foster individual growth, inside and outside the martial arts training. Karate uniforms may be purchased through the instructors. Class meets at OIWPB. 20, 45-minute classes/\*20, 75-minute classes.

\$280

\$280

YOUTH BEG	INNING KA	RATE (AGES 6	-14)
422100a	T/TH	6:15pm	4/2-6/6
YOUTH PRO	GRESSIVE	KARATE (AGE	S 6-14)
422110a	T/TH	6:15pm	4/2-6/6

ADULT KARATE (AGES 14 & UP)

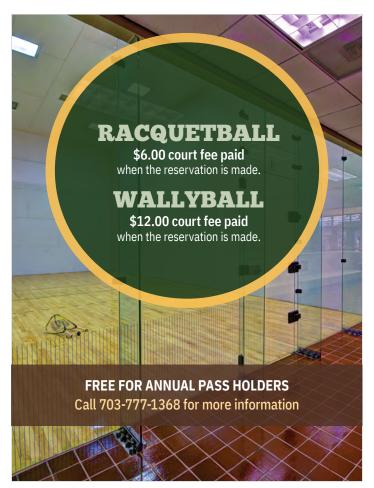
T/TH 422302a 4/2-6/6 \$360\*

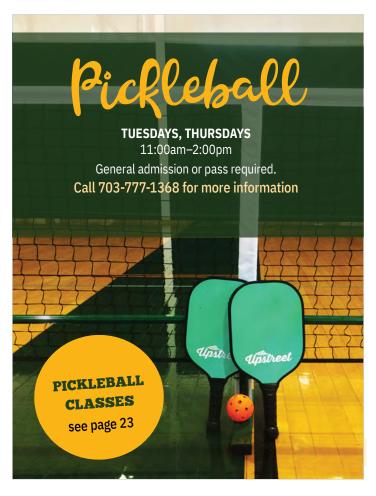
#### **Energetic Movement Arts**

(Ages 13 & up) This class blends traditional Chinese Internal Martial Arts and emphasizes whole body movement and awareness. The class is designed for all levels of physical fitness whether one is wanting to get back into shape or already a high-performing athlete. The exercises are low impact and open healthy space in the joints but can be adapted to higher intensity with vigorous bursts of movement and emphasis on the martial aspect. Classes consist of warmups, calisthenics, 1-3 step forms, extended forms, and standing exercises of varying duration to challenge your focus. The class atmosphere is informal, positive, fun, and all that is required is a passion to learn and grow. Attire for class: long pants, sleeved shirt, and flat soled shoes (such as wrestling shoes). 10, 45-minute classes.

422120a 7:00pm 4/3-6/5 \$140

Classes meet at Olde Izaak Walton Park Building (OIWPB).





## Specialty Programs



#### **Magnus Chess Academy**

(Ages 5-11) Learn chess with five-time world champion Magnus Carlsen's academy! They have taught 100,000 children to play including state and national champions, but most students are beginners looking to learn a new skill and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments (in-person and online) outside of club time. This in-person club includes free online extras including weekly practice tournaments, a Chesskid Gold membership, and an event with a chess celebrity. Last year's guests were World Champion Magnus Carlsen and Judit Polgar (the best female chess player of all time). All chess supplies provided. All skill levels are welcome. For more information, please visit chessacademy.com. This is a contracted program. Registration to be done through Magnus Chess Academy at https://chessacademy.com/ products/ida-lee-chess-club. Class meets at OIWPB. 8, 60-minute classes.

Center Passes 3/15/24 through 4/15/24

6 Months and Annual

Passes Only

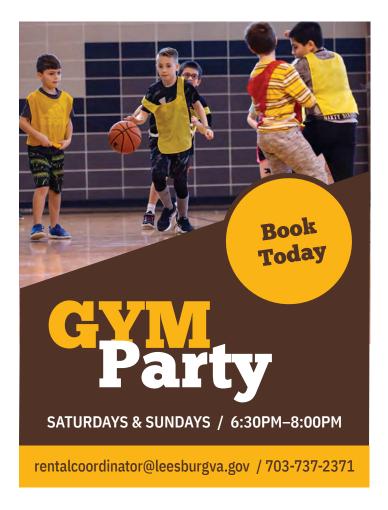
MON 5:30pm 4/1-5/20

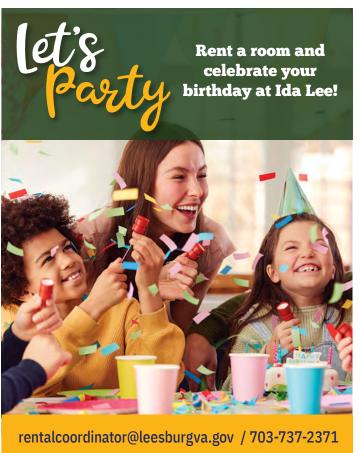
Classes meet at Olde Izaak Walton Park Building (OIWPB).

\$169











#### **COMMUNITY OUTREACH PROGRAMS**





Recreation Outreach to Community Kids (R.O.C.K.) is a collaborative effort with the Town of Leesburg Parks and Recreation Department and the Leesburg Police Department. R.O.C.K. is a recreation based outreach program for children aged 5-12 years old in the communities of Heritage Square, the Fields of Leesburg Apartments, Evans Ridge Apartments, and the Fort Evans Road Communities. The program offers sports, games, art, trips, team building, and special guests. The program is held daily after school and during the summer.

For more information about R.O.C.K. please contact the COMMUNITY OUTREACH PROGRAMS at 703-737-7159.





#### **Beginnger Preschool Gymnastics**

(Ages 4-5) Introduce your child to movement, coordination, and balance in a gymnastics environment. Emphasis is on learning, listening skills, and following instructions. The class covers basic developmental gymnastics along with fun and play. Child must be able to participate without parental involvement. Class meets at OIWPB. 10, 45-minute classes.

420126a TUE 11:00am 4/2-6/4 \$140

#### **Beginner Gymnastics I**

(Ages 4-12) Students will warm-up, work on strength conditioning, and do "big kid" gymnastics with emphasis on learning skills and following instructions. Skills include rolls, handstands, and cartwheels in addition to basic skills on the balance beam, bars, and vault. Class meets at OIWPB. 10. 45-minute classes.

(AGES 4-5)				
420130a	TUE	12:15pm	4/2-6/4	\$140
(AGES 5-7)				
420131a	TUE	3:30pm	4/2-6/4	\$140
(AGES 8-12)				
420145a	TUE	4:30pm	4/2-6/4	\$140

#### **Gymnastics II**

(Ages 5-14) This class concentrates on perfecting skills learned in the beginner class while progressing on to more advanced skills. Strength and flexibility work are instrumental in the ability to attain the skills being taught on floor, bars, balance beam, and vault. Other skills include handstand roll down, cartwheels, back walkovers, and round offs. Prerequisite: Instructor's permission only. Class meets at OIWPB. 10, 60-minute classes.

<b>(AGES 5-7)</b> 420140a	WED	3:30pm	4/3-6/5	\$160
(AGES 8-14) 420141a	WED	4:45pm	4/3-6/5	\$160

#### **Open Gymnastics**

(Ages 7-16) Participants will be able to practice skills, try new techniques, and enjoy time with friends under the supervision and assistance of our gymnastics instructors. Whether they have taken classes before or have never tried, all are welcome! Invite a friend! Class meets at OIWPB.

1, 2-hour session.

420170a	MON	5:00pm	4/15	\$15
420170b	MON	5:00pm	5/6	\$15
420170c	MON	5:00pm	5/20	\$15
420170d	MON	5:00pm	6/3	\$15

Classes meet at Olde Izaak Walton Park Building (OIWPB).

#### **Summer Academies**

#### **Preschool Gymnastics Academy**

(Ages 4-5) Introduce your child to movement, coordination, and balance in a gymnastics environment. This mini-camp will cover basic developmental gymnastics, listening skills, and following instructions as well as having FUN! Children will be broken into different age groups during camp. Class meets at OIWPB. 5, 45-minute classes.

M-F 143272a 9:45am 6/24-6/28 \$70

#### Rising Stars Gymnastics Academy

(Ages 5-6) Students will be introduced and taught basic skills on the floor, balance beam, bars and vault, as well as work on coordination, balance, and movement. Class meets at OIWPB. 5, 75-minute classes.

143274a 10:45am 6/24-6/28

#### **Beginning Gymnastics I Academy**

(Ages 7-12) This camp is geared towards students who have limited gymnastics experience and beginner skills. Camp will emphasize learning tumbling skills and basic skills on the balance beam, bars, and vault. Students will receive group and individual instruction tailored to their needs. Please bring a water bottle and snack. Class meets at OIWPB. 5. 4-hour classes.

143271a M-F 9:00am 7/8-7/12 \$180

#### **Gymnastics II Academy**

(Ages 7-14) This camp is for those with some gymnastic experience or who have had 3 sessions with Ida Lee's beginner gymnastics program. Strength and flexibility work are instrumental in the ability to attain the skills being taught not only on floor but bars, beam, and vault as well. Floor skills needed are solid cartwheel, handstand, and straight arm back bend. Children should have some experience on the equipment. Please have your child bring a water bottle and snack. Class meets at OIWPB. 5, 4-hour classes.

143200a M-F 9:00am 7/15-7/19 \$180 143200b M-F 9:00am 7/22-7/26 \$180

#### All Levels Academy

(Ages 7-12) This camp is for children of all gymnastic levels looking to practice the skills they know or progress on to more advanced skills. Strength and flexibility are important factors in learning new skills, and both will be taught in this camp. Please have your child bring a water bottle and snack. Class meets at OIWPB. 5. 4-hour classes.

143201a M-F 9:00am 7/29-8/2 \$180



(Ages 5-7) Children will learn the basics of formal ballet. Posture, positions, and style will be introduced and strengthened. Ballet is a fun way to teach your child the importance of daily physical activities. Children will be introduced to music rhythm and working basic technique. Parents are invited to observe the last class. No class 5/25, 5/26. 9, 45-minute classes.

406102a SAT 10:00am 4/6-6/8 \$99 406102b SUN 10:00am 4/7-6/9 \$99

#### **Ballet II**

(Ages 6-9) Children will continue to learn the basics of formal ballet and build on what they learned in Ballet I. Posture, positions, and style will be emphasized and strengthened. Children will be working on basic techniques to piece together dances set to music. 11, 45-minute classes.

406104a THU 6:00pm 4/4-6/13 \$121

#### **Jazz Mini Dancers**

(Ages 4-9) This introductory class will focus on fundamentals of dance movement through exploration of direction, level, speed, and rhythm. Students will begin to understand movement concepts of isolation and coordination. They will learn basic jazz steps and simple combinations set to fun, upbeat, contemporary music in an age-appropriate setting which focuses on fun and creativity. No class 5/25. 9, 45-minute classes.

406174a SAT 11:00am 4/6-6/8 \$99

#### **Teen/Adult Beginning Ballet**

(Ages 13 & up) For teens and adults who have always wanted to take ballet, but never had the chance and students who want to improve technique. Ballet is great training for gymnasts, color guard, preparing for the school musical, and more. Performance opportunities may be available, but not mandatory for registrants. 11, 50-minute classes.

406176a TUF 7:00pm 4/2-6/11

#### **Pre-Teen Ballet**

(Ages 9-12) This class introduces pre-teens to ballet technique with barre warm-ups and floor exercises. Ballet is excellent training for gymnasts, ice skaters, color guards, school musicals, and more. Performance opportunities are available but not mandatory. Ballet slippers required. 11. 50-minute classes.

406180a TUE 6:00pm 4/2-6/11 \$132

#### **Dance Social**

(Ages 16 & up) Dance the night away and learn a few new moves at our monthly dance social. This is an excellent opportunity for beginners to see all of our dances and take your first steps to learning them. For current students, the socials are a perfect opportunity to practice the skills you have learned or check out some new steps you might be interested in learning. The first hour will focus on a dance lesson, and then you get to hit the dance floor. Refreshments will be provided. No partner needed! 1, 3-hour class.

406222b	FRI	7:00pm	4/12	\$10 advance/\$15 day of
406222c	FRI	7:00pm	5/10	\$10 advance/\$15 day of
406222a	FRI	7:00pm	6/21	\$10 advance/\$15 day of

#### **Swing I**

(Ages 18 & up) Swing brings something different to mind for everyone. From early Big Band music to 70's beach music to 90's swing revival music, come and learn the basic East Coast Swing steps and turns that will have you dancing no matter what your music preference. No partners required. No class 5/12, 5/26. 8, 50-minute classes.

406262a SUN 5:00pm 4/7-6/9 \$85

#### Ballroom 202

(Ages 18 & up) Learn the basic movements of ballroom dancing, including waltz, tango, and mambo/cha cha through simple figures, sequences, and methods of leading and following. Expect to do some mixers, perhaps a few historical/novelty dances as well. No need for a partner. This is a great class to take with a mixed group of friends! No class 5/12, 5/26. 8, 50-minute classes.

406273a SUN 4:00pm 4/7-6/9 \$85

#### **Line Dancing 101**

(Ages 18 & up) Put a little scoot in your boot and swagger in your step. Join us for our beginners' line dancing class featuring many styles of dance including country, club, and classic. This class is suitable for anyone! No class 5/12, 5/26. 8, 50-minute classes.

406412a SUN 6:00pm 4/7-6/9 \$85



#### **Private Dance Lessons**

(Ages 18 & up) Private lessons are available through Ida Lee Park Recreation Center. Whether it's for an upcoming wedding, dance, a special party, or just because you have always wanted to learn, now is your chance! Private lessons allow for specialized, individualized lessons based on your needs and schedule. Students will be placed on a waitlist and contacted regarding availability and type of dance preferred. Please fill out a Private Dance Lesson Request Form at www.idalee.org and you will be contacted regarding payment and lesson time.

LESSONFEE1, 60-minute lesson\$50/single or couple5, 60-minute lessons\$235/single or couple10, 60-minute lessons\$450/single or couple



# Creative Exploration



#### **Cupcake Decorating**

(Ages 5-7) Here is a great way to learn some basic culinary skills while preparing delicious dishes from scratch. This class is geared to getting children started down the path to becoming a master chef! Class meets at OIWPB. 6, 60-minute classes.

410132a MON 5:30pm 4/1-5/6 \$85

#### **Astronomy 101**

(Ages 8 & up) Constellations, planets, and moons can be seen in the sky. This class will introduce you and your child to the basics of astronomy including commonly used terms, how to use a basic telescope, what stars are rising and setting, and the phases of the moon. Class time is split with indoor presentation followed by outdoor observation (weather permitting), so please dress appropriately. If cancelled due to inclement weather, the class will be held the following week from the original scheduled date. 1, 90-minute class.

410330a	FRI	7:30pm	4/19	\$20
410330b	FRI	8:00pm	5/17	\$20
410330c	FRI	8:00pm	6/21	\$20

#### **Foundations of Digital Photography**

(Ages 12 & up) Buttons and dials, exposure triangle, tips for better images, introduction to composition and perspective, and more. Required: DSLR, Bridge, Mirrorless, or Advance Point & Shoot Camera. 5. 2-hour classes.

410390a TUE 7:00pm 4/2-4/30 \$75

#### **Messes and Masterpieces**

(Ages 18 months-3 yrs) Each week, toddlers and caregivers will participate in a variety of theme-based activities. Stories, songs, and games go hand in hand with a variety of painting, glitter, glue, and other craft items. Our focus is on experiencing the artistic process, not the end product. Parent/guardian participation required. Class meets at OIWPB. No class 5/25. 10, 60-minute classes.

411100a SAT 9:00am 4/6-6/8 \$117

#### **Polymer Clay Sculpture**

(Ages 8-14) Class will create tiny sculptures with colorful clay. Polymer clay is fun to work with, you will love seeing what you can create with it! Students can take their sculptures home to bake, that way the creation will keep as long as you want. Please bring an apron or cover-up for class. No class 5/25. 9, 60-minute classes.

411140a SAT 11:15am 4/6-6/8 \$117

#### **Art Exploration**

(Ages 6-10) Kids will have a chance to embrace their artistic side. Trying a variety of crafts, their creative curious minds will love exploring so many ways to express themselves. 11, 60-minute classes.

411143a	THU	5:15pm	4/4-6/13	\$143
411143b	THU	6:30pm	4/4-6/13	\$143

#### **Gond Art**



(Ages 9-14) In this class, young artists will explore this traditional form of Indian folk art. Focusing on nature and using bright colors, lines, and dots, the students will see their artwork come

to life. Class meets at OIWPB. No class 5/25. 9, 60-minute classes.

411145a SAT 10:30am 4/6-6/8 \$117

#### **Clay Creations**

(Ages 7-12) Students will learn basic sculpting methods by forming simple shapes and putting them together to form more complicated figures. Please bring an apron or cover-up for class. No class 5/25. 9. 60-minute classes.

411301a SAT 10:00am 4/6-6/8 \$117

#### **Painting with Acrylics**

(Ages 7-14) Come discover the colors of the season in this fun, creative painting class that caters to the level of each student to complete works of art. Drawing skills and art history will also be explored. The instructor will provide a supply list prior to the first class. No class 5/27. 10. 75-minute classes.

411305a MON 4/1-6/10 \$195 5:15pm 411305b MON 6:45pm 4/1-6/10 \$195

#### **Adult Watercolor**



(Ages 16 & up) Learn to embrace the versatility and beauty of watercolor. Beginning students explore watercolor techniques and learn new approaches to painting through demonstration

and experimentation. 10, 75-mintute classes.

411307a FRI 10:00am 4/5-6/7 \$156

Classes meet at Olde Izaak Walton Park Building (OIWPB).

#### **Nature Academy**

(Ages 6-10) This camp focuses on the beauty of nature and our surroundings. The class includes daily hikes, arts and crafts, and science projects. Prepare to get your hands dirty as you immerse in nature! Participants will go outside each day (weather permitting) and should bring a snack, sunblock, and bug repellent each day. 5, 3-hour classes.

143382a M-F 9:00am 7/8-7/12 \$110 M-F 9:00am 7/15-7/19 \$110 143382b 143382c M-F 9:00am 7/22-7/26 \$110

#### Music

#### **Private Voice Lessons**

(Ages 13 & up) Students learn the rudimentary concepts of healthy singing techniques such as good posture, proper diction, and the use of the lower abdominal and diaphragm muscles to facilitate relaxed and deep breathing for singing and the ability to sing with the "whole body." Students will develop these basic skills by singing simple and fun vocal exercises and learning popular musical theater and folk songs for maximum enjoyment of good singing. Please fill out a Private Voice Lesson Request Form online at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON FEE 1, 30-minute lesson \$25 4. 30-minute lessons \$90

#### **Private Keyboarding/Piano Lessons**

(Ages 8 & up) Provides the beginning piano student with an introduction to the fundamental concepts of piano performance and knowledge of basic music theory and musicianship. All students must have home access to a keyboard/piano for practice purposes. Please fill out a Private Keyboard/Piano Request form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON FEE 1, 30-minute lesson \$25 4. 30-minute lessons \$90

#### **Private Guitar Lessons**

(Ages 6 & up) Individual guitar lessons that will teach fundamentals of the guitar, including but not limited to: basic guitar chords, note reading, and music theory. Please fill out a Private Guitar Lesson Request Form online at www.idalee.org and you will be contacted to schedule lesson time and payment.

FEE \$40 1, 45-minute lesson 4, 45-minute lessons \$150



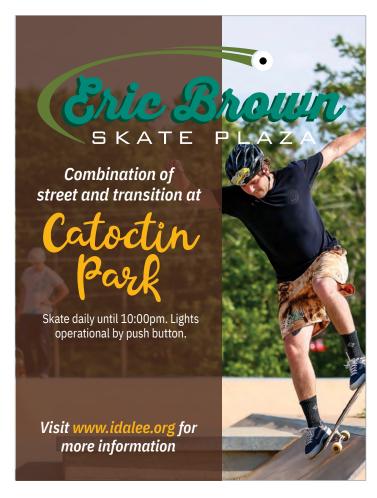


#### HOURS:

**MONDAY - FRIDAY** 8:30AM - 1:00PM **MONDAY - THURSDAY** 4:30PM - 7:00PM **SATURDAY** 8:30AM - 1:30PM SUNDAY CLOSED

#### \$5.00 per child per visit.

Child care passes are available, purchase 25 visit child care pass for \$75.00 or 10 visit child care pass for \$30.00. Hours subject to change.





#### Ida Fun Camp K-1 (Formerly Kids Day Camp)

Children ENTERING KINDERGARTEN OR FIRST GRADE will participate in a recreational camp program that includes daily indoor swimming, art projects, songs, structured indoor and outdoor games, nature activities, and more. Children should bring a backpack, two snacks, bag lunch, drinks, a full water bottle, sunscreen, swimsuit and towel each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. The camp fee includes one trip to AV Symington Aquatic Center plus one on-site or off-site field trip each session. 5, 7-hour days/\*4, 7-hour days. There is no camp Wednesday, June 19th or Thursday, July 4th.

#### IDA FUN CAMP NON-REFUNDABLE REGISTRATION FEE (PREREOUISITE FOR CAMP SESSIONS)

(I IVEIVEQUIS	TILIONC	AIII JEJJIONJ)		
140214a	M-F	9:00am-4:00pm	6/17-8/9	\$30
CAMP SESSI	ONS			
140209a	M-F*	9:00am-4:00pm	6/17-6/21	\$160*
140209b	M-F	9:00am-4:00pm	6/24-6/28	\$200
140209c	M-F*	9:00am-4:00pm	7/1-7/5	\$160*
140209d	M-F	9:00am-4:00pm	7/8-7/12	\$200
140209e	M-F	9:00am-4:00pm	7/15-7/19	\$200
140209f	M-F	9:00am-4:00pm	7/22-7/26	\$200
140209g	M-F	9:00am-4:00pm	7/29-8/2	\$200
140209h	M-F	9:00am-4:00pm	8/5-8/9	\$200

#### **CAMP REFUND POLICY**

The registration fee is non-refundable if a camp space is obtained. The registration fee will be refunded if a camper is placed on the waitlist and does not get into any camp session. To obtain a full refund for a camp session, a refund request must be submitted 30 calendar days prior to the day camp begins. A refund and/or credit requested less than 30 calendar days prior to the day camp begins, will incur a 50% penalty (\$150 max) per camp session. No refunds will be given on or after the first day of the camp session. There will be no refunds or make-up days allowed for missed days of camp due to illness or vacation. Full refunds will be issued if a camp program is cancelled. Field trips are non-refundable.



#### **Ida Fun Camp**

CHILDREN ENTERTING SECOND GRADE – SIXTH GRADE will participate in a recreational camp program that includes daily indoor swimming, art projects, songs, structured indoor and outdoor games, nature activities, and more. Bring a backpack, two snacks, bag lunch, drinks, a full water bottle, sunscreen, swimsuit and towel each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. The camp fee includes one trip to AV Symington Aquatic Center plus one on-site or off-site field trip each session. 5, 7-hour days/\*4, 7-hour days. There is no camp Wednesday, June 19<sup>th</sup> or Thursday, July 4<sup>th</sup>.

#### IDA FUN CAMP NON-REFUNDABLE REGISTRATION FEE (PREREQUISITE FOR CAMP SESSIONS)

140214a	M-F	9:00am-4:00pm	6/17-8/9	\$30
IDA FUN CAME	-CHILDRE	N ENTERING 2 <sup>ND</sup> GRAD	E	
140211a	M-F*	9:00am-4:00pm	6/17-6/21	\$160*
140211b	M-F	9:00am-4:00pm	6/24-6/28	\$200
140211c	M-F*	9:00am-4:00pm	7/1-7/5	\$160*
140211d	M-F	9:00am-4:00pm	7/8-7/12	\$200
140211e	M-F	9:00am-4:00pm	7/15-7/19	\$200
140211f	M-F	9:00am-4:00pm	7/22-7/26	\$200
140211g	M-F	9:00am-4:00pm	7/29-8/2	\$200
140211h	M-F	9:00am-4:00pm	8/5-8/9	\$200
IDA FUN CAME	-CHILDRE	N ENTERING 3RD GRAD	E	
140212a	M-F*	9:00am-4:00pm	6/17-6/21	\$160*
140212b	M-F	9:00am-4:00pm	6/24-6/28	\$200
140212c	M-F*	9:00am-4:00pm	7/1-7/5	\$160*
140212d	M-F	9:00am-4:00pm	7/8-7/12	\$200
140212e	M-F	9:00am-4:00pm	7/15-7/19	\$200
140212f	M-F	9:00am-4:00pm	7/22-7/26	\$200
140212g	M-F	9:00am-4:00pm	7/29-8/2	\$200
140212h	M-F	9:00am-4:00pm	8/5-8/9	\$200
<b>IDA FUN CAMP</b>	-CHILDRE	N ENTERING 4 <sup>TH</sup> GRAD	E	
140213a	M-F*	9:00am-4:00pm	6/17-6/21	\$160*
140213b	M-F	9:00am-4:00pm	6/24-6/28	\$200
140213c	M-F*	9:00am-4:00pm	7/1-7/5	\$160*
140213d	M-F	9:00am-4:00pm	7/8-7/12	\$200
140213e	M-F	9:00am-4:00pm	7/15-7/19	\$200
140213f	M-F	9:00am-4:00pm	7/22-7/26	\$200
140213g	M-F	9:00am-4:00pm	7/29-8/2	\$200
140213h	M-F	9:00am-4:00pm	8/5-8/9	\$200
IDA FUN CAME	-CHILDRE	N ENTERING 5 <sup>TH</sup> AND 6	TH GRADE	
140215a	M-F*	9:00am-4:00pm	6/17-6/21	\$160*
140215b	M-F	9:00am-4:00pm	6/24-6/28	\$200
140215c	M-F*	9:00am-4:00pm	7/1-7/5	\$160*
140215d	M-F	9:00am-4:00pm	7/8-7/12	\$200
140215e	M-F	9:00am-4:00pm	7/15-7/19	\$200
140215f	M-F	9:00am-4:00pm	7/22-7/26	\$200
140215g	M-F	9:00am-4:00pm	7/29-8/2	\$200
140215h	M-F	9:00am-4:00pm	8/5-8/9	\$200

#### **Kamp Keepers**

Kamp Keepers is pre or post childcare for Kids, Ida Fun, and Teen Adventure campers. Campers will play indoor games and have some gym time under supervised care. 5, 2-hour days/\*4, 2-hour days. There is no camp Wednesday, June  $19^{th}$  or Thursday, July  $4^{th}$ .

#### AM KAMP KEEPERS 144200a 7:00am-9:00am 6/17-6/21 \$32\* 144200b M-F 7:00am-9:00am 6/24-6/28 \$40 M-F\* 7:00am-9:00am 144200c 7/1-7/5 \$32\* 7:00am-9:00am 144200d M-F 7/8-7/12 \$40 144200e 7:00am-9:00am M-F 7/15-7/19 \$40 7:00am-9:00am 7/22-7/26 144200f M-F \$40 M-F 7:00am-9:00am 7/29-8/2 144200g \$40 144200h M-F 7:00am-9:00am 8/5-8/9 \$40 PM KAMP KEEPERS 4:00pm-6:00pm 6/17-6/21 \$32\* 144202a M-F\* 144202b M-F 4:00pm-6:00pm 6/24-6/28 \$40 144202c M-F\* 4:00pm-6:00pm 7/1-7/5 \$32\*

4:00pm-6:00pm

4:00pm-6:00pm

4:00pm-6:00pm

4:00pm-6:00pm

4:00pm-6:00pm

7/8-7/12

7/15-7/19

7/22-7/26

7/29-8/2

8/5-8/9

\$40

\$40

\$40

\$40

\$40

#### **Last Hurrah Camp**

M-F

M-F

M-F

M-F

M-F

144202d

144202e

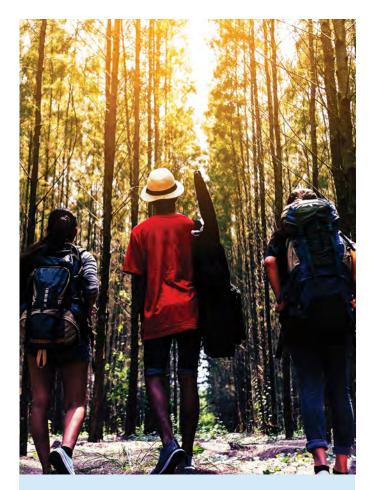
144202f

144202g

144202h

CAMPERS ENTERING KINDERGARTEN – SIXTH GRADE. Campers will enjoy this one week camp session before they head back to school! They will swim each day, play indoor and outdoor games, and enjoy arts and crafts time. Bring a swimsuit, towel, sunscreen, bag lunch, drinks, and two snacks to camp each day. 5, 7-hour days.

140218a M-F 9:00am-4:00pm 8/12-8/16 \$200



#### **Teen Adventure Camp**

For Students Entering 7th, 8th, and 9th Grade.

Teens will venture to exciting destinations around the D.C., Virginia, West Virginia, and Maryland areas. They will travel to water parks, sporting events, and adventure sites (i.e., rafting, tubing, hiking, or laser tag). They will visit indoor locations such as skating rinks, the mall, and the movies. Campers will leave and return to Ida Lee Park Recreation Center most days in buses provided by Loudoun County Public Schools or the Ida Lee Park Van. Bring a backpack, lunch, snacks, drinks, a water bottle, swimsuit and towel to camp each day. Teens will swim at AV Symington Aquatic Center once per week. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. Wear closed toed shoes. 5, 7-hour days/\*4, 7-hour days. There is no camp Wednesday, June 19th or Thursday, July 4th.

#### TEEN ADVENTURE CAMP NON-REFUNDABLE REGISTRATION FEE

(PREREQUISITE FOR CAMP SESSIONS)								
140217a	M-F	9:00am-4:00pm	6/17-8/9	\$30				
CAMP SESSIONS								
140206a	M-F*	9:00am-4:00pm	6/17-6/21	\$220*				
140206b	M-F	9:00am-4:00pm	6/24-6/28	\$275				
140206c	M-F	9:00am-4:00pm	7/1-7/5	\$220*				
140206d	M-F*	9:00am-4:00pm	7/8-7/12	\$275				
140206e	M-F	9:00am-4:00pm	7/15-7/19	\$275				
140206f	M-F	9:00am-4:00pm	7/22-7/26	\$275				
140206g	M-F	9:00am-4:00pm	7/29-8/2	\$275				
140206h	M-F	9:00am-4:00pm	8/5-8/9	\$275				

#### **Summer Day Camp Swimming Lessons**

Would you like your child to strengthen their swim skills but have a hard time fitting it in? Children participating in full day IDA FUN CAMP and LAST HURRAH CAMP will have the opportunity to participate in group swimming lessons each day at the conclusion of the summer camp program. If your child is registered for the corresponding week of summer camp they are able to participate. Camp Counselors will take campers to their lessons each day and remain with them until parents pick up at the conclusion of the lesson. After care with Kamp Keepers is also available if needed. Limited spaces available. 4, 30-minute classes/\*3, 30-minute classes. There is no camp Wednesday, June 19th or Thursday, July 4th.

144210a	M-TH*	4:20pm-4:50pm	6/17-6/20	\$38*
144210b	M-TH	4:20pm-4:50pm	6/24-6/27	\$48
144210c	M-W*	4:20pm-4:50pm	7/1-7/3	\$38*
144210d	M-TH	4:20pm-4:50pm	7/8-7/11	\$48
144210e	M-TH	4:20pm-4:50pm	7/15-7/18	\$48
144210f	M-TH	4:20pm-4:50pm	7/22-7/25	\$48
144210g	M-TH	4:20pm-4:50pm	7/29-8/1	\$48



The entire month of April will offer many opportunities and events for you to Keep Leesburg Beautiful! Community groups are welcome to participate.

#### **VOLUNTEER / DONATE / PARTICIPATE**

For information about Keep Leesburg Beautiful events, visit the Town's website at www.leesburgva.gov/klb.







(Ages 1-8) The hunt is on for eggs at Ida Lee Park! Participants can hop along the bunny trail to the hunt area. Each child will hunt for empty easter eggs and receive a treat bag at the conclusion of the hunt. The easter bunny will also be on site for pictures! All participants may enter the event area at their scheduled time. It's sure to be a time honored egg-cellent event. You must register in advance; there will be no day-of registration. Pre-registration ends Friday, March 22. \*One parent allowed to assist children 2 and under. Parents or siblings will not be permitted to hunt with children age 3 or older.

415400a	SAT	12:00pm	3/23	\$10	415400f	SAT	1:40pm	3/23	\$10
415400b	SAT	12:20pm	3/23	\$10	415400g	SAT	2:00pm	3/23	\$10
415400c	SAT	12:40pm	3/23	\$10	415400h	SAT	2:20pm	3/23	\$10
415400d	SAT	1:00pm	3/23	\$10	415400i	SAT	2:40pm	3/23	\$10
415400e	SAT	1:20pm	3/23	\$10					

### MEMORIAL DAY OBSERVANCE

MONDAY, MAY 27, 10:00AM / LOUDOUN COUNTY COURTHOUSE

This annual observance will commemorate those who have lost their lives in battle serving the United States, as well as recognize the brave military men and women who serve our country. Held at the Loudoun County Courthouse, this ceremony is highlighted by a guest speaker and the reverent laying of the wreaths at several war memorials.







SATURDAY AUGUST 10 / 5:00-10:00PM

Experience the flavor of Leesburg by sampling local craft beers, fine wines, and foods while strolling the historic streets.

Visit www.tasteleesburg.com for more information







Town of Leesburg Parks & Recreation 60 Ida Lee Dr., N.W. Leesburg, VA 20176

View *Leesburg at Leisure* online at www.idalee.org Find us on facebook at facebook.com/IdaLeePark